

## Savory Bean & Uncured Ham Soup



Uncured ham and tender white beans slow-simmered in smoked pork broth with onions, carrots, celery and a blend of spices.



### INGREDIENTS:

Water, White Beans (water, great northern beans, salt), Uncured Ham (No Nitrates/Nitrites added other than those naturally occurring nitrates in celery powder) (Pork, Water, Vinegar, Brown Sugar, Less than 2% of: Salt, Sugar, Dehydrated Bell Peppers, Extractive of Paprika, Natural Flavors, Celery Powder), Onions, Carrots, Celery, Smoked Pork Broth Concentrate (pork stock, natural flavor, Smoke Flavor, salt, xanthan gum), Garlic, Olive Oil, Corn Starch, Chicken Broth Concentrate (chicken stock, natural flavor, salt, chicken fat), Thyme, Bay Leaves.

<b>Nutrition Facts</b>	
About 7 servings per container	
<b>Serving size</b>	<b>1 Cup (245g)</b>
Amount per serving	
<b>Calories</b>	<b>190</b>
	<b>% Daily Value*</b>
<b>Total Fat</b> 4g	<b>5%</b>
Saturated Fat 1g	<b>5%</b>
Trans Fat 0g	
<b>Cholesterol</b> 30mg	<b>10%</b>
<b>Sodium</b> 960mg	<b>42%</b>
<b>Total Carbohydrate</b> 25g	<b>9%</b>
Dietary Fiber 10g	<b>36%</b>
Total Sugars 3g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 15g	
Vitamin D 0mcg	<b>0%</b>
Calcium 79mg	<b>6%</b>
Iron 2mg	<b>10%</b>
Potassium 349mg	<b>8%</b>

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

CODE	GTIN	PACK SIZE	SHELF LIFE
910069	667978011980	4 - 4lb. bags/case	15 months from manufacture

### FROZEN HANDLING INSTRUCTIONS:

Hold at a frozen state 0-15°F until time of use. Thaw under refrigeration for approximately 24-36 hours at or below 40°F. Heat to 165°F as quickly as possible by placing pouches in a water bath, kept preferably around 180 -190°F or by pouring thawed product into double boiler (stirring constantly to avoid scalding).