

## North Atlantic Haddock Chowder

Gently simmered North Atlantic haddock in a creamy roux-thickened fish stock with sautéed celery and onions, tender potatoes and chopped dill.



**Contains Fish, Milk, Wheat.**

### INGREDIENTS:

Fish Stock (water, cod bones, haddock bones, onions, celery, black pepper, thyme, mustard seed, bay leaves), Light Cream (milk, cream), Haddock, Potatoes, Onions, Celery, Butter (cream, salt), Wheat Flour, Sea Salt, Garlic, White Pepper, Pepper Sauce (distilled vinegar, red pepper, salt), Dried Thyme, Dried Dill.

### Nutrition Facts

Serving size 1 Cup (245g)

Amount per serving  
**Calories 250**

	% Daily Value*
<b>Total Fat</b> 17g	<b>22%</b>
Saturated Fat 10g	<b>50%</b>
Trans Fat 0.5g	
<b>Cholesterol</b> 90mg	<b>30%</b>
<b>Sodium</b> 640mg	<b>28%</b>
<b>Total Carbohydrate</b> 13g	<b>5%</b>
Dietary Fiber 1g	<b>4%</b>
Total Sugars 4g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 12g	
Vitamin D 0mcg	<b>0%</b>
Calcium 85mg	<b>6%</b>
Iron 0mg	<b>0%</b>
Potassium 329mg	<b>8%</b>

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

CODE	GTIN	PACK SIZE	SHELF LIFE
700005	00667978011041	2-8# Bags/Case	45 days from manufacture

### REFRIGERATED HANDLING INSTRUCTIONS:

Store at 30-38°F. Heat to 165°F as quickly as possible by placing pouches in a water bath (kept preferably around 180 -190°F) or by pouring product into double boiler (stirring constantly to avoid scalding).

**PALLET CONFIGURATIONS:** 14 x 7 (98) **CASE DIMENSIONS:** 14.875" x 8.25" x 5"