



Nutritional & Ingredient Information

Alfredo Sauce (702933) - Gluten Free - Vegetarian	Cal:	Total Fat:	Sat. Fat:	Sodium:	Total Carb:
INGREDIENTS: Water, Light Cream (milk, cream), Grated Parmesan Cheese (pasteurized milk, cheese cultures, salt, enzymes), Corn Starch, Rice Flour, Sea Salt, Butter (cream, salt), Canola Oil, Garlic, Black Pepper. Contains Milk. (based on 100g serving size)	140	12g	7g	470mg	5g
	Fiber:	Sugar:	Protein:	Iron:	Vitamin D:
	0g	2g	5g	0%	6%

Classic Macaroni & Cheese - REFRIGERATED (701128)	Cal:	Total Fat:	Sat. Fat:	Sodium:	Total Carb:
INGREDIENTS: Water, Enriched Elbow Macaroni (semolina [wheat], egg white, niacin, ferrous sulfate [iron], thiamin mononitrate, riboflavin, folic acid), Pasteurized Process Colored American Cheese (American cheese [milk, cheese culture, salt, enzymes], water, dry cream, milkfat, sodium phosphate, salt, lactic acid, sorbic acid [preservative], annatto and oleoresin paprika [color]), Pasteurized Process Cheese Spread (milk, water, skim milk, whey, sodium phosphate, whey protein concentrate, cream, cheese culture, color, enzymes, salt), Cheddar Cheese (pasteurized milk, cheese cultures, salt, enzymes), Nonfat Dry Milk, Modified Food Starch, Heavy Cream (cream, fat free milk), Salt, Sodium Phosphate, Cheddar Cheese Flavor Base (cheddar cheese [milk, cultures, salt, enzymes], salt, yeast extract, corn oil, dry vegetable shortening, unsalted butter [cream, flavorings], sweet cream powder, sugar, dry mustard, disodium inosinate/disodium guanylate, potassium sorbate), Annatto Extract (water, natural extractives of annatto seed, potassium hydroxide), White Distilled Vinegar. Contains Egg, Milk, Wheat.	390	18g	10g	1360mg	39g
	Fiber:	Sugar:	Protein:	Iron:	Vitamin D:
	1g	5g	19g	6%	0%

Classic Macaroni & Cheese - FROZEN (701280)	Cal:	Total Fat:	Sat. Fat:	Sodium:	Total Carb:
INGREDIENTS: Water, Enriched Elbow Macaroni (semolina [wheat], egg white, niacin, ferrous sulfate [iron], thiamin mononitrate, riboflavin, folic acid), Pasteurized Process Colored American Cheese (American cheese [milk, cheese culture, salt, enzymes], water, dry cream, milkfat, sodium phosphate, salt, lactic acid, sorbic acid [preservative], annatto and oleoresin paprika [color]), Pasteurized Process Cheese Spread (milk, water, skim milk, whey, sodium phosphate, whey protein concentrate, cream, cheese culture, color, enzymes, salt), Cheddar Cheese (pasteurized milk, cheese cultures, salt, enzymes), Nonfat Dry Milk, Modified Food Starch, Heavy Cream (cream, fat free milk), Salt, Sodium Phosphate, Cheddar Cheese Flavor Base (cheddar cheese [milk, cultures, salt, enzymes], salt, yeast extract, corn oil, dry vegetable shortening, unsalted butter [cream, flavorings], sweet cream powder, sugar, dry mustard, disodium inosinate/disodium guanylate, potassium sorbate), Annatto Extract (water, natural extractives of annatto seed, potassium hydroxide), White Distilled Vinegar. Contains Egg, Milk, Wheat.	400	18g	10g	1390mg	40g
	Fiber:	Sugar:	Protein:	Iron:	Vitamin D:
	1g	5g	19g	10%	0%

Hollandaise Sauce (701871) - Vegetarian - Gluten Free	Cal:	Total Fat:	Sat. Fat:	Sodium:	Total Carb:
INGREDIENTS: Water, Butter (cream, salt), Hollandaise Sauce (whey protein concentrate, modified corn starch, palm oil, hydrolyzed corn protein, salt, sugar, onion powder, silicon dioxide, citric acid, guar gum, disodium guanylate, disodium inosinate, locust bean gum, turmeric, paprika, spices, natural flavor, garlic powder, extractives of paprika), Modified Food Starch, Lemon Juice, Sea Salt, Lemon Oil, Food Color Powder (salt, fd&c no.5, fd&c no.6). Contains Milk. (based on 2Tbsp serving size)	35	2.5g	1.5g	125mg	2g
	Fiber:	Sugar:	Protein:	Iron:	Vitamin D:
	0g	1g	0g	0%	0%

Macaroni & Cheese - REFRIGERATED (700050) - Vegetarian	Cal:	Total Fat:	Sat. Fat:	Sodium:	Total Carb:
INGREDIENTS: Water, Elbow Macaroni (semolina [wheat], egg whites), Cheddar Cheese (milk, cheese cultures, salt, enzymes), Light Cream (milk, cream), Butter (cream, salt), Rice Flour, Monterey Jack Cheese (milk, cheese culture, salt, enzymes), Sea Salt, Annatto Seed Powder, Bay Leaves, Nutmeg, White Pepper, Cayenne Pepper. Contains Egg, Milk, Wheat.	520	30g	18g	970mg	43g
	Fiber:	Sugar:	Protein:	Iron:	Vitamin D:
	0g	3g	20g	6%	6%

Macaroni & Cheese - FROZEN (700214) - Vegetarian	Cal:	Total Fat:	Sat. Fat:	Sodium:	Total Carb:
INGREDIENTS: Water, Elbow Macaroni (semolina [wheat], egg whites), Cheddar Cheese (pasteurized milk, cheese cultures, salt, enzymes), Light Cream (milk, cream), Butter (cream, salt), Rice Flour, Monterey Jack Cheese (milk, cheese culture, salt, enzymes), Sea Salt, Ground Annatto Seed Powder, Bay Leaves, Nutmeg, White Pepper, Cayenne Pepper. Contains Egg, Milk, Wheat.	520	30g	18g	970mg	43g
	Fiber:	Sugar:	Protein:	Iron:	Vitamin D:
	0g	3g	20g	6%	6%

Marinara Sauce (700051) - Vegan - Vegetarian - Dairy Free - Gluten Free	Cal:	Total Fat:	Sat. Fat:	Sodium:	Total Carb:
INGREDIENTS: Ground Tomatoes (tomatoes, salt, citric acid), Water, Onions, Olive Oil, Tomato Puree (tomatoes, salt, citric acid), Garlic, Parsley, Basil, Sea Salt, Spices. (based on ½ cup serving size)	80	4.5g	0.5g	300mg	10g
	Fiber:	Sugar:	Protein:	Iron:	Vitamin D:
	2g	6g	2g	6%	0%

Organic Steel Cut Oatmeal - REFRIGERATED (700099) - Vegan - Vegetarian - Dairy Free	Cal:	Total Fat:	Sat. Fat:	Sodium:	Total Carb:
INGREDIENTS: Water, Organic Steel Cut Oats, Sea Salt.	160	3g	0g	120mg	29g
	Fiber:	Sugar:	Protein:	Iron:	Vitamin D:
	4g	0g	6g	10%	0%

Organic Steel Cut Oatmeal - FROZEN (700913) - Vegan - Vegetarian - Dairy Free	Cal:	Total Fat:	Sat. Fat:	Sodium:	Total Carb:
INGREDIENTS: Water, Organic Steel Cut Oats, Sea Salt. (based on 100g serving size)	70	1g	0g	55mg	13g
	Fiber:	Sugar:	Protein:	Iron:	Vitamin D:
	2g	0g	3g	4%	0%

Red Wine Beef Demi (701642)	Cal:	Total Fat:	Sat. Fat:	Sodium:	Total Carb:
INGREDIENTS: Water, Port Wine (contains sulfites), Burgundy Wine Reduction (contains sulfites), Enriched Wheat Flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), Unsalted Butter (pasteurized cream, natural flavor), Demi-Glace Concentrate (beef stock, modified food starch, gelatin, sugar, salt, yeast extract, hydrolyzed wheat, soy, and corn protein, contains 2% or less of dried chicken broth, tomato powder, xanthan gum, locust bean gum, natural flavors, potassium sorbate [preservative]), Tomato Paste, Beef Base (salt, roasted beef and concentrated beef stock, hydrolyzed corn, soy, and wheat protein, corn oil, yeast extract, caramel color, natural flavors, maltodextrin, sugar, disodium inosinate and disodium guanylate, sulfites), Red Wine (contains sulfites), Shallots, Modified Food Starch, Seasoning (water, salt, wheat gluten, wheat, less than 2% wheat bran, sugar, acetic acid, artificial flavor, disodium inosinate, disodium guanylate, dextrose, caramel color), Seasoning and Browning Sauce (caramel color [sulfites], water, vegetable base [water, carrots, celery, cabbage, onion, parsley, turnips, parsnips], spices, salt, sodium benzoate), Garlic, House Seasoning (salt, garlic, white pepper), Mirepoix Base (sautéed vegetables [carrot, celery, onion, and soybean oil], salt, sugar, maltodextrin, mirepoix flavor [autolyzed yeast extract, maltodextrin, canola oil, and natural flavors], modified food starch, disodium inosinate and disodium guanylate, natural flavorings), Thyme. Contains Milk, Soy, Wheat. (based on 100g serving size)	70	3g	2.5g	420mg	7g
	Fiber:	Sugar:	Protein:	Iron:	Vitamin D:
	0g	1g	1g	2%	0%



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Refried Pinto Beans (701296) · Vegetarian · Dairy Free · Gluten Free	Cal:	Total Fat:	Sat. Fat:	Sodium:	Total Carb:
INGREDIENTS: Water, Pinto Beans, Soybean Oil, Onions, Salt. (based on ½ cup serving size)	150	7g	1g	370mg	17g
	Fiber:	Sugar:	Protein:	Iron:	Vitamin D:
	6g	0g	6g	6%	0%

Signature Marinara Sauce (701334) · Vegetarian · Dairy Free · Gluten Free	Cal:	Total Fat:	Sat. Fat:	Sodium:	Total Carb:
INGREDIENTS: Ground Tomato Puree (diced tomatoes, tomato puree, salt, citric acid), Crushed Tomatoes (tomatoes, less than 2% of salt, citric acid, calcium chloride), Tomato Paste, Water, White Wine (contains sulfites), Onions, Soybean Oil, Garlic, Sugar, Basil, Salt, Oregano, Black Pepper, Thyme. (based on ½ cup serving size)	90	3g	0g	290mg	12g
	Fiber:	Sugar:	Protein:	Iron:	Vitamin D:
	2g	6g	2g	4%	0%

Three Cheese Cavatappi - REFRIGERATED (702710)	Cal:	Total Fat:	Sat. Fat:	Sodium:	Total Carb:
INGREDIENTS: Water, Enriched Cavatappi Pasta (semolina [wheat], egg whites, niacin, iron [ferrous sulfate], thiamin mononitrate, riboflavin, folic acid), Light Cream (milk, cream), Monterey Jack Cheese (milk, cheese culture, salt, enzymes), Butter (cream, salt), Wheat Flour, Cheddar Cheese (pasteurized milk, cheese cultures, salt, enzymes), Romano Cheese (pasteurized sheep's milk, cheese cultures, salt, enzymes), Sea Salt, Black Pepper, Cayenne Pepper, Nutmeg. Contains Egg, Milk, Wheat.	490	31g	19g	790mg	37g
	Fiber:	Sugar:	Protein:	Iron:	Vitamin D:
	2g	4g	17g	6%	6%

Three Cheese Cavatappi - FROZEN (702678)	Cal:	Total Fat:	Sat. Fat:	Sodium:	Total Carb:
INGREDIENTS: Water, Enriched Cavatappi Pasta (semolina, egg whites, niacin, ferrous sulfate, thiamine mononitrate, riboflavin, folic acid), Light Cream (milk, cream), Monterey Jack Cheese (milk, cheese culture, salt, enzymes), Cheddar Cheese (milk, cheese cultures, salt, enzymes), Butter (cream, salt), Rice Flour, Romano Cheese (romano cheese [pasteurized milk, cheese cultures, salt, enzymes], powdered cellulose [to prevent caking]), Sea Salt, Corn Starch, Black Pepper, Cayenne Pepper, Nutmeg. Contains Egg, Milk, Wheat.	480	30g	19g	750mg	34g
	Fiber:	Sugar:	Protein:	Iron:	Vitamin D:
	1g	4g	17g	6%	6%

Traditional Macaroni & Cheese (703026) · Vegetarian	Cal:	Total Fat:	Sat. Fat:	Sodium:	Total Carb:
INGREDIENTS: Water, Enriched Elbow Macaroni (semolina [wheat], egg white, niacin, ferrous sulfate [iron], thiamin mononitrate, riboflavin, folic acid), Milk (milk, vitamin D3), White Cheddar Cheese (pasteurized milk, cheese cultures, salt, enzymes), Cheddar Cheese (pasteurized milk, cheese cultures, salt, enzymes), Soybean Oil, Sea Salt, Corn Starch, Whey, Sugar, Xanthan Gum, Yeast Extract (yeast extract, salt), Guar Gum, Carrageenan, Lactic Acid Powder (lactic acid, calcium lactate, silicon dioxide, water), Annatto (annatto extract [for color], natural flavors). Contains Egg, Milk, Wheat.	300	13g	6g	1000mg	32g
	Fiber:	Sugar:	Protein:	Iron:	Vitamin D:
	1g	4g	12g	8%	4%

White Queso with Jalapenos (702931) · Vegetarian · Gluten Free	Cal:	Total Fat:	Sat. Fat:	Sodium:	Total Carb:
INGREDIENTS: Milk (milk, vitamin D3), Water, White Cheddar Cheese (pasteurized milk, cheese cultures, salt, enzymes), Cheddar Cheese (pasteurized milk, cheese cultures, salt, enzymes), Butter (cream, salt), Nonfat Dry Milk, Heavy Cream (cream, fat free milk), Whey, Jalapeno Peppers, Modified Food Starch, Sodium Phosphate, Canola Oil, Sea Salt, White Vinegar (white distilled vinegar diluted with water to 5% acidity), Xanthan Gum, Cayenne Pepper. Contains Milk.	190	14g	8g	870mg	7g
	Fiber:	Sugar:	Protein:	Iron:	Vitamin D:
	0g	4g	9g	2%	2%