

Glace de Mire Poix (Vegetarian)



Fresh mirepoix, white-only leeks, mushrooms, parsnips, fennel, parsley, tomatoes, garlic, and bay leaves.
An excellent substitute for meat stocks in any recipe.



INGREDIENTS:

Vegetable Stock (Water, Onions, Leeks, Celery, Carrots, Mushrooms, Parsnips, Fennel, Parsley Stems, Tomato Paste, Garlic, Bay Leaves).

| Nutrition Facts | |
|--|--------------------------|
| Serving Size (14g) | |
| Servings Per Container | |
| Amount Per Serving | |
| Calories 5 | Calories from Fat 0 |
| % Daily Value* | |
| Total Fat 0g | 0% |
| Saturated Fat 0g | 0% |
| Trans Fat 0g | |
| Cholesterol 0mg | 0% |
| Sodium 10mg | 1% |
| Total Carbohydrate 1g | 0% |
| Dietary Fiber 0g | 0% |
| Sugars <1g | |
| Protein 0g | |
| Vitamin A 0% | Vitamin C 0% |
| Calcium 0% | Iron 0% |
| *Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs: | |
| | Calories 2000 2,500 |
| Total Fat | Less Than 65g 80g |
| Saturated Fat | Less Than 20g 25g |
| Cholesterol | Less Than 300mg 300mg |
| Sodium | Less Than 2400mg 2400mg |
| Total Carbohydrate | 300g 375g |
| Dietary Fiber | 25g 30g |
| Calories per gram: | |
| Fat 9 | Carbohydrate 4 Protein 4 |

| CODE | GTIN | PACK SIZE | SHELF LIFE |
|------|----------------|-------------------------|----------------------------|
| 574 | 00185359000205 | 5 lb. tub – 20 lb. case | 12 months from manufacture |

HEATING INSTRUCTIONS:

Hold at a frozen state 0-15°F until time of use. Thaw under refrigeration for approximately 12-24 hours at or below 40°F. Place thawed tub in a pot of boiling water or steamer. Heat to an internal temperature of 165°F. or let product thaw under refrigeration for approximately 12-24 hours at or below 40°F with 14 days storage life.