

# CRANBERRY & COCONUT OATMEAL BARS



Featuring Kettle Cuisine's Organic Steel Cut Oatmeal

 VEGAN  VEGETARIAN  DAIRY FREE

## INGREDIENTS:

3 cups Steel Cut Oatmeal  
3 <sup>3</sup>/<sub>4</sub> cups Instant Oats  
1 <sup>1</sup>/<sub>2</sub> cups Sweetened Shredded Coconut  
1/3 cup Sugar  
1 <sup>1</sup>/<sub>2</sub> cups Dried Cranberries

## METHOD OF PREPARATION:

1. Preheat oven to 350 degrees.
2. Cover a half sheet pan with parchment paper.
3. Combine all ingredients together in a mixing bowl.
4. Spread mixture into half sheet pan evenly.
5. Bake for approximately 1 hour, or until bars are no longer sticky and have started to brown around the edges.
6. Cut into desired number of pieces.



To learn more please contact a Kettle Cuisine sales representative

617.409.1100 • sales@kettlecuisine.com • kettlecuisine.com

 VEGAN

 VEGETARIAN

 DAIRY FREE

 LOW FAT

 GLUTEN FREE