

## Garden Vegetable Soup



A colorful blend of tomatoes, broccoli, carrots, kidney beans, zucchini, green beans, cauliflower, corn and onions in a light vegetable broth.



### INGREDIENTS:

Water, Diced Tomatoes (tomatoes, tomato juice, citric acid, calcium chloride), Corn, Carrots, Peas, Celery, Green Beans, Tomato Paste (tomatoes, citric acid), Corn Starch, Onions, Potatoes, Sea Salt, Sugar, Dried Marjoram, Garlic Powder, Vegetable Broth (vegetable juices [tomato, mushroom, onion, carrot, celery], salt, natural flavor), Onion Powder, Basil, Mushroom Broth Concentrate (mushroom juice, natural flavor, salt), Celery Salt (salt, celery seed ground), Garlic, Red Pepper Flakes.

### Nutrition Facts

|                               |                       |
|-------------------------------|-----------------------|
| 7 servings per container      |                       |
| <b>Serving size</b>           | <b>1 Cup (245g)</b>   |
| <b>Amount per serving</b>     |                       |
| <b>Calories</b>               | <b>80</b>             |
|                               | <b>% Daily Value*</b> |
| <b>Total Fat</b> 0g           | <b>0%</b>             |
| Saturated Fat 0g              | <b>0%</b>             |
| Trans Fat 0g                  |                       |
| <b>Cholesterol</b> 0mg        | <b>0%</b>             |
| <b>Sodium</b> 1190mg          | <b>52%</b>            |
| <b>Total Carbohydrate</b> 16g | <b>6%</b>             |
| Dietary Fiber 3g              | <b>11%</b>            |
| Total Sugars 4g               |                       |
| Includes 1g Added Sugars      | <b>2%</b>             |
| <b>Protein</b> 2g             |                       |
| Vitamin D 0mcg                | 0%                    |
| Calcium 44mg                  | 4%                    |
| Iron 1mg                      | 6%                    |
| Potassium 171mg               | 4%                    |

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

| CODE   | GTIN           | PACK SIZE          | SHELF LIFE                 |
|--------|----------------|--------------------|----------------------------|
| 910122 | 10667978012779 | 4 - 4lb. bags/case | 15 months from manufacture |

### FROZEN HANDLING INSTRUCTIONS:

Hold at a frozen state 0-15°F until time of use. Thaw under refrigeration for approximately 24-36 hours at or below 40°F. Heat to 165°F as quickly as possible by placing pouches in a water bath, kept preferably around 180 -190°F or by pouring thawed product into double boiler (stirring constantly to avoid scalding).