

SOUP SUPREME®

Nutritional Information

Brunswick Stew Starter	Cal:	Total Fat:	Sat. Fat:	Sodium:	Total Carb:
INGREDIENTS: Ground Tomatoes (tomatoes, sea salt, citric acid), Ketchup (tomato concentrate made from red ripe tomatoes, distilled vinegar, high fructose corn syrup, corn syrup, salt, spices, onion powder, natural flavoring), Beef, Water, Corn, Baby Lima Beans, Barbecue Sauce (sugar, distilled vinegar, water, tomato paste, molasses, modified potato starch, salt, contains less than 2% of natural smoke flavor, mustard flour, spice, paprika, dried onion, dried garlic, caramel color, maltodextrin, chili powder [chili pepper, spice, salt, garlic], autolyzed yeast extract, natural flavor), Onions, Worcestershire Sauce (distilled vinegar, molasses, corn syrup, water, salt, caramel color, garlic powder, sugar, spices, celery seed, tamarind extract, natural flavor [contains sulfites]), Louisiana Hot Sauce (peppers, vinegar, salt), Chicken Base (chicken meat including natural chicken juices, salt, chicken fat, sugar, hydrolyzed corn, wheat, and soy protein, dried whey, maltodextrin [from corn], autolyzed yeast extract, natural flavorings, disodium inosinate and disodium guanylate, natural extractive of turmeric and annatto [color]), Garlic, Black Pepper.	280	10g	3.5g	1020mg	40g
	Fiber:	Sugar:	Protein:	Iron:	Vitamin D:
	4g	22g	9g	10%	0%
Captain's Corn Chowder (910132) · Gluten Free	Cal:	Total Fat:	Sat. Fat:	Sodium:	Total Carb:
INGREDIENTS: Water, Corn, Whole Milk (milk, vitamin D3), Potatoes, Rice Flour, Heavy Cream, Onions, Soybean Oil, Carrots, Corn Starch, Uncured Bacon* (pork bellies, sea salt, cane sugar, celery powder, spices) *No nitrates/ nitrites added except for those naturally occurring in sea salt and celery powder, Sea Salt, Pork Fat, Butter (cream, salt), Sugar, Yeast Extract (yeast extract, salt), Spike Seasoning (salt crystals [earth and sea], nutritional yeast, hydrolyzed soy protein [no added msg], mellow toasted onion, onion powder, orange powder, soy granules, celery leaf powder, celery root powder, garlic powder, dill, kelp, Indian curry, horseradish, ripe white pepper, orange and lemon peel, summer savory, mustard flour, sweet green and red bell peppers, parsley flakes, tarragon, rosehips, safflower, mushroom powder, parsley powder, spinach powder, tomato powder, sweet paprika, celery seed ground, cayenne pepper, oregano, sweet basil, marjoram, rosemary and thyme), Gumbo File, Annatto Extract (canola oil, annatto seed [for color]), Onion Powder, Parsley Flakes. Contains Milk, Soy.	190	9g	3.5g	750mg	24g
	Fiber:	Sugar:	Protein:	Iron:	Vitamin D:
	2g	3g	4g	6%	0%
Chicken & Dumplings Soup (910131)	Cal:	Total Fat:	Sat. Fat:	Sodium:	Total Carb:
INGREDIENTS: Water, Chicken Stock (water, chicken bones, onions, celery, carrots, sea salt, garlic, parsley, white pepper, thyme, bay leaves, marjoram), Dumplings (durum wheat flour, water, eggs, wheat gluten, salt), Chicken Meat, Carrots, Celery, Canola Oil, Rice Flour, Nonfat Dry Milk, Onions, Corn Starch, Chicken Broth Concentrate (chicken stock, salt, chicken fat, natural flavor, vegetable juice [celery, onion, carrot], lactic acid, xanthan gum), Olive Oil, Sugar, Chicken Fat, Butter (cream, salt), Parsley Flakes, Ground Celery Seeds, Turmeric. Contains Egg, Milk, Wheat.	200	9g	1.5g	550mg	21g
	Fiber:	Sugar:	Protein:	Iron:	Vitamin D:
	1g	4g	8g	6%	0%
Chicken Enchilada with Smoked Paprika Soup (910068) · Gluten Free	Cal:	Total Fat:	Sat. Fat:	Sodium:	Total Carb:
INGREDIENTS: Water, Chicken Meat, Black Beans, Diced Tomatoes in Juice (tomatoes, tomato juice, calcium chloride, citric acid), Corn, Light Cream (milk, cream), Green Chili Peppers, Roasted Sweet Corn, Roasted Red Peppers, Chicken Flavor Broth Concentrate (chicken stock, natural flavor, salt, chicken fat), Onions, Corn Flour, Cheddar Cheese (pasteurized cow's milk, cheese culture, salt, enzymes, annatto), Soybean Oil, Tomato Paste, Broth Concentrate (natural flavor, water, salt, vegetable oils [olive, palm], xanthan gum), Garlic, Jalapeno Peppers, Corn Starch, Cumin, Yeast Extract (yeast extract, salt), Chili Powder, Cilantro, Sea Salt, Turmeric, Smoked Paprika. Contains Milk.	180	9g	3g	960mg	18g
	Fiber:	Sugar:	Protein:	Iron:	Vitamin D:
	2g	3g	10g	10%	0%
Chicken Gumbo Soup (910130) · Gluten Free · Dairy Free	Cal:	Total Fat:	Sat. Fat:	Sodium:	Total Carb:
INGREDIENTS: Water, Chicken Meat, Onions, Celery, Tomato Paste (tomatoes), White Rice, Green Peppers, Okra, Rice Flour, Canola Oil, Red Bell Pepper, Chicken Broth Concentrate (chicken stock, natural flavor, salt, chicken fat), Sea Salt, Sugar, Cajun Seasoning (garlic, salt, onion, paprika, oregano, white pepper, red pepper, spice), Yeast Extract (yeast extract, salt), Corn Starch, Gumbo File, Citric Acid, Basil, Mexican Oregano, Dried Thyme.	140	4.5g	0g	880mg	19g
	Fiber:	Sugar:	Protein:	Iron:	Vitamin D:
	1g	4g	6g	6%	0%
Chicken Poblano Soup (702707) · Gluten Free	Cal:	Total Fat:	Sat. Fat:	Sodium:	Total Carb:
INGREDIENTS: Water, Corn (corn, water, salt), Light Cream (milk, cream), Chicken Meat, Black Beans, Onions, Roasted Sweet Corn, Roasted Poblano Pepper, Red Bell Pepper, Corn Starch, Garlic, Tortilla Chips (whole grain corn, water, vegetable oil [cottonseed, corn, and/or sunflower]), Butter (sweet cream, salt), Sea Salt, Rice Flour, Canola Oil, Lime Juice Concentrate, Jalapeno Peppers, Corn Flour, Cumin, Light Chili Powder (chili pepper, salt, spices, garlic powder), Coriander, Black Pepper, Cayenne Pepper. Contains Milk.	190	9g	4g	880mg	20g
	Fiber:	Sugar:	Protein:	Iron:	Vitamin D:
	1g	3g	7g	6%	6%
Chicken Tortilla Soup (701313) · Dairy Free	Cal:	Total Fat:	Sat. Fat:	Sodium:	Total Carb:
INGREDIENTS: Water, Diced Tomatoes (tomatoes, tomato juice, salt, citric acid), Tomato Puree (tomatoes), Chicken (dark meat), Corn, Green Chili Peppers, Cooked Dark Kidney Beans, Carrots, Onions, Celery, Corn Flour, Chicken Flavor Broth Concentrate (chicken stock, natural flavor, salt, sugar, yeast extract, chicken fat), Soybean Oil, Taco Seasoning (onion, paprika, salt, chili pepper, cumin, garlic, flour, sugar, oregano, citric acid), Sea Salt, Cilantro, Garlic. Contains Wheat.	130	3.5g	0.5g	910mg	18g
	Fiber:	Sugar:	Protein:	Iron:	Vitamin D:
	3g	5g	7g	6%	0%
Chicken Tortilla with Cheese Soup (702758)	Cal:	Total Fat:	Sat. Fat:	Sodium:	Total Carb:
INGREDIENTS: Chicken Stock (water, chicken bones, onions, celery, carrots, sea salt, garlic, parsley, white pepper, thyme, bay leaves, marjoram), Water, Pasteurized Process Cheddar Cheese Food (cheddar cheese [pasteurized milk, cheese culture, salt, enzymes], whey, whey protein concentrate, skim milk, sodium citrate, milkfat, salt, lactic acid, oleoresin paprika [color], annatto extract [color]), Chicken (light meat), Diced Tomatoes (tomatoes, tomato juice, salt, citric acid), Corn Starch, Onions, Tomato Paste, Nonfat Dry Milk, Cheddar Cheese Flavor Base (cheddar cheese [milk, cultures, salt, enzymes], salt, yeast extract, corn oil, dry vegetable shortening, unsalted butter [cream, flavorings], sweet cream powder, sugar, dry mustard, disodium inosinate/disodium guanylate, potassium sorbate), Jalapeno Peppers, Chicken Broth Concentrate (chicken stock, salt, chicken fat, natural flavor, vegetable juice [celery, onion, carrot], lactic acid, xanthan gum), Light Cream (milk, cream), Sugar, Chicken Fat, Sea Salt, Garlic, Chili Powder, Onion Powder, Turmeric, Green Chili Peppers, Corn Tortilla Chips (whole grain corn masa flour, sunflower oil and/or safflower oil, sea salt). Contains Milk.	150	6g	3.5g	880mg	13g
	Fiber:	Sugar:	Protein:	Iron:	Vitamin D:
	1g	4g	10g	6%	6%
Chicken with Wild Rice Soup (910129) · Gluten Free	Cal:	Total Fat:	Sat. Fat:	Sodium:	Total Carb:
INGREDIENTS: Water, Chicken Stock (water, chicken bones, onions, celery, carrots, sea salt, garlic, parsley, white pepper, thyme, bay leaves, marjoram), Wild Rice, Chicken Meat, White Rice, Carrots, Heavy Cream, Corn Starch, Celery, Canola Oil, Sea Salt, Sugar, Chicken Broth Concentrate (chicken stock, salt, chicken fat, natural flavor, vegetable juice [celery, onion, carrot], lactic acid, xanthan gum), Nonfat Dry Milk, Butter (cream, salt), Onion Powder, Yeast Extract (yeast extract, salt), White Pepper, Turmeric, Celery Salt (salt, celery seed ground). Contains Milk.	160	5g	2g	750mg	22g
	Fiber:	Sugar:	Protein:	Iron:	Vitamin D:
	1g	2g	6g	6%	0%
Chickwagon Chili with Beans (702762) · Gluten Free · Dairy Free	Cal:	Total Fat:	Sat. Fat:	Sodium:	Total Carb:
INGREDIENTS: Water, Beef, Red Kidney Beans, Tomato Paste (tomatoes), Onions, Corn Flour, Corn Starch, Chili Powder (chili pepper, spices, salt, garlic powder), Sea Salt, Cocoa Powder, Garlic Powder, Onion Powder, Cayenne Pepper, Brown Sugar.	320	21g	8g	1130mg	23g
	Fiber:	Sugar:	Protein:	Iron:	Vitamin D:
	8g	3g	16g	15%	0%

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French Onion Soup (701308)	Cal:	Total Fat:	Sat. Fat:	Sodium:	Total Carb:
INGREDIENTS: Water, Onions, Beef Base (salt, roasted beef and concentrated beef stock, hydrolyzed corn, soy, and wheat protein, corn oil, yeast extract, caramel color, natural flavors, maltodextrin, sugar, disodium inosinate and disodium guanylate, sulfites), Roasted Onion Base (roasted onion [onion, soybean oil], dextrose, maltodextrin, salt, water, onion powder, hydrolyzed soy protein, natural flavors [from canola, soy and/or cottonseed oil], caramel color, potassium sorbate [a preservative]), Sherry Wine (contains sulfites), Unsalted Butter (pasteurized cream, natural flavor), Chicken Base (chicken meat including natural chicken juices, salt, chicken fat, sugar, hydrolyzed corn, wheat, and soy protein, dried whey, maltodextrin [from corn], autolyzed yeast extract, natural flavorings, disodium inosinate and disodium guanylate, natural extractive of turmeric and annatto [color]), Seasoning (water, salt, wheat gluten, wheat, less than 2% wheat bran, sugar, acetic acid, artificial flavor, disodium inosinate, disodium guanylate, dextrose, caramel color), Seasoning and Browning Sauce (caramel color, water, vegetable base [water, carrots, celery, cabbage, onion, parsley, turnips, parsnips], spices, salt, sodium benzoate), Spike Seasoning (salt crystals [earth and sea], nutritional yeast, hydrolyzed soy protein [no added msg], mellow toasted onion, onion powder, orange powder, soy granules, celery leaf powder, celery root powder, garlic powder, dill, kelp, Indian curry, horseradish, ripe white pepper, orange and lemon peel, summer savory, mustard flour, sweet green and red bell peppers, parsley flakes, tarragon, rosehips, safflower, mushroom powder, parsley powder, spinach powder, tomato powder, sweet paprika, celery seed ground, cayenne pepper, oregano, sweet basil, marjoram, rosemary and thyme), Mustard Flour, House Seasoning (salt, garlic, white pepper), Black Pepper.. Contains Milk, Soy, and Wheat.	80	3g	1.5g	1140mg	11g
	Fiber:	Sugar:	Protein:	Iron:	Vitamin D:
	1g	5g	2g	2%	0%
Garden Vegetable Soup (910122) · Vegan · Vegetarian · Dairy Free · Gluten Free	Cal:	Total Fat:	Sat. Fat:	Sodium:	Total Carb:
INGREDIENTS: Water, Diced Tomatoes (tomatoes, tomato juice, citric acid, calcium chloride), Corn, Carrots, Peas, Celery, Green Beans, Tomato Paste (tomatoes, citric acid), Corn Starch, Onions, Potatoes, Sea Salt, Sugar, Dried Marjoram, Garlic Powder, Vegetable Broth (vegetable juices [tomato, mushroom, onion, carrot, celery], salt, natural flavor), Onion Powder, Basil, Mushroom Broth Concentrate (mushroom juice, natural flavor, salt), Celery Salt (salt, celery seed ground), Garlic, Red Pepper Flakes.	80	0g	0g	1190mg	16g
	Fiber:	Sugar:	Protein:	Iron:	Vitamin D:
	3g	4g	2g	6%	0%
Ground Beef Chili with Beans (700289 Frozen) (700185 Refrigerated) · Gluten Free · Dairy Free	Cal:	Total Fat:	Sat. Fat:	Sodium:	Total Carb:
INGREDIENTS: Ground Tomatoes (tomatoes, sea salt, citric acid), Red Kidney Beans, Ground Beef, Diced Tomatoes (tomatoes, tomato juice, salt, citric acid), Water, Onions, Celery, Green Peppers, Corn Oil, Sea Salt, Paprika (for color), Chili Powder (spices, sea salt, garlic powder), Cumin, Ancho Chili Powder, Garlic, Cayenne Pepper, Pepper Sauce (distilled vinegar, red pepper, salt), Black Pepper.	250	12g	4g	890mg	25g
	Fiber:	Sugar:	Protein:	Iron:	Vitamin D:
	9g	7g	21g	20%	0%
Hearty Vegetable Soup (701136) · Vegetarian · Dairy Free · Gluten Free	Cal:	Total Fat:	Sat. Fat:	Sodium:	Total Carb:
INGREDIENTS: Water, Tomato Puree (tomatoes), Cabbage, Ground Tomato Puree (diced tomatoes, tomato puree, salt, citric acid), Corn, Zucchini, Onions, Carrots, Celery, Green Peppers, Mirepoix Base (sautéed vegetables [carrot, celery, onion, and soybean oil], salt, sugar, maltodextrin, mirepoix flavor [autolyzed yeast extract, maltodextrin, canola oil, and natural flavors], modified food starch, disodium inosinate and disodium guanylate, natural flavorings), Chickpeas (chickpeas, water, salt, calcium chloride, disodium edta), Dehydrofrozen Potatoes (potatoes, sodium acid pyrophosphate), Red Chili Beans, Red Peppers, Soybean Oil, Spike Seasoning (salt crystals [earth and sea], nutritional yeast, hydrolyzed soy protein [no added msg], mellow toasted onion, onion powder, orange powder, soy granules, celery leaf powder, celery root powder, garlic powder, dill, kelp, Indian curry, horseradish, ripe white pepper, orange and lemon peel, summer savory, mustard flour, sweet green and red bell peppers, parsley flakes, tarragon, rosehips, safflower, mushroom powder, parsley powder, spinach powder, tomato powder, sweet paprika, celery seed ground, cayenne pepper, oregano, sweet basil, marjoram, rosemary and thyme), Salt, Spices, Chives. Contains Soy.	100	2g	0g	910mg	18g
	Fiber:	Sugar:	Protein:	Iron:	Vitamin D:
	3g	6g	3g	6%	0%
INGREDIENTS: Water, Angus Beef, Carrots, Potatoes, Onions, Rice Flour, Celery, Soybean Oil, Beef Flavor Broth Concentrate (beef stock, natural flavor, salt, beef fat), Corn Starch, Tomato Paste (tomatoes), Vegan Broth Concentrate (natural flavor, water, salt, vegetable oils [olive & palm], xanthan gum), Sea Salt, Sugar, Black Pepper, Ground Thyme	Fiber:	Sugar:	Protein:	Iron:	Vitamin D:
	2g	3g	8g	6%	0%
Homestyle Beef Soup (910120) · Dairy Free · Gluten Free	Cal:	Total Fat:	Sat. Fat:	Sodium:	Total Carb:
INGREDIENTS: Water, Angus Beef, Carrots, Potatoes, Onions, Rice Flour, Celery, Soybean Oil, Beef Flavor Broth Concentrate (beef stock, natural flavor, salt, beef fat), Corn Starch, Tomato Paste (tomatoes), Vegan Broth Concentrate (natural flavor, water, salt, vegetable oils [olive & palm], xanthan gum), Sea Salt, Sugar, Black Pepper, Ground Thyme.	180	8g	2g	750mg	19g
	Fiber:	Sugar:	Protein:	Iron:	Vitamin D:
	2g	3g	8g	6%	0%
Homestyle Chicken Noodle Soup (910119) · Dairy Free	Cal:	Total Fat:	Sat. Fat:	Sodium:	Total Carb:
INGREDIENTS: Water, Egg Noodle (semolina, eggs, egg white, niacin, iron [ferrous sulfate], thiamin mononitrate, riboflavin, folic acid), Carrots, Chicken Meat, Onions, Celery, Chicken Broth Concentrate (chicken stock, salt, chicken fat, natural flavor, vegetable juice concentrate [celery, onion, carrot], lactic acid, xanthan gum), Corn Starch, Sea Salt, Chicken Fat, Sugar, Yeast Extract (yeast extract, salt), Parsley, Turmeric. Contains Egg, Wheat.	100	2g	0.5g	1040mg	15g
	Fiber:	Sugar:	Protein:	Iron:	Vitamin D:
	1g	3g	6g	6%	0%
Italian Style Wedding Soup with Meatballs (910118)	Cal:	Total Fat:	Sat. Fat:	Sodium:	Total Carb:
INGREDIENTS: Water, Chicken Stock (water, chicken bones, onions, celery, carrots, sea salt, garlic, parsley, white pepper, thyme, bay leaves, marjoram), Meatballs (beef, water, egg whites, bread crumbs [wheat flour, salt, yeast], romano cheese [pasteurized sheep's and/or cow's milk, rennet, salt, cheese cultures, enzymes], dehydrated onion, cane sugar, salt, natural flavors), Acini di Pepe Pasta (semolina [wheat], egg whites), Spinach, Carrots, Corn Starch, Chicken Broth Concentrate (chicken stock, salt, chicken fat, natural flavor, vegetable juice concentrate [celery, onion, carrot], lactic acid, xanthan gum), Sugar, Butter (cream, salt), Garlic Powder, Sea Salt, Basil, Fennel Seed, Turmeric, Parmesan Cheese Flavor (parmesan cheese [pasteurized milk, cultures, salt and enzymes], water, salt, sodium phosphate, sodium citrate, xanthan gum). Contains Egg, Milk, Wheat.	130	4.5g	2g	660mg	17g
	Fiber:	Sugar:	Protein:	Iron:	Vitamin D:
	1g	2g	5g	6%	0%
Italian Wedding Soup without Orzo (701278)	Cal:	Total Fat:	Sat. Fat:	Sodium:	Total Carb:
INGREDIENTS: Water, Chicken Stock (water, chicken bones, onions, celery, carrots, sea salt, garlic, parsley, white pepper, thyme, bay leaves, marjoram), Meatballs (beef, water, egg whites, bread crumbs [wheat flour, salt, yeast], romano cheese [pasteurized sheep's and/or cow's milk, rennet, salt, cheese cultures, enzymes], dehydrated onion, cane sugar, salt, natural flavors), Acini di Pepe Pasta (semolina [wheat], egg whites), Spinach, Carrots, Corn Starch, Chicken Broth Concentrate (chicken stock, salt, chicken fat, natural flavor, vegetable juice concentrate [celery, onion, carrot], lactic acid, xanthan gum), Sugar, Butter (cream, salt), Garlic Powder, Sea Salt, Basil, Fennel Seed, Turmeric, Parmesan Cheese Flavor (parmesan cheese [pasteurized milk, cultures, salt and enzymes], water, salt, sodium phosphate, sodium citrate, xanthan gum). Contains Egg, Milk, Soy, and Wheat.	120	8g	2.5g	900mg	7g
	Fiber:	Sugar:	Protein:	Iron:	Vitamin D:
	1g	2g	5g	6%	0%

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Mushroom Soup with Morels (701300)	Cal:	Total Fat:	Sat. Fat:	Sodium:	Total Carb:
INGREDIENTS: Water, Heavy Cream, Mushrooms, Unsalted Butter (pasteurized cream, natural flavorings), Enriched Wheat Flour (bleached wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Shallots, Onions, Modified Food Starch, Salted Sherry Cooking Wine (wine [contains sulfites], salt), Mushroom Base Type ST (rehydrated dry boletus luteus mushrooms, salt, flavor [natural flavors, corn syrup, maltodextrin, mushroom solids, caramel color, annatto, turmeric], sugar, butter [sweet cream, salt], potato starch), ViandePremier Beef Base (roasted beef and concentrated beef stock, salt, hydrolyzed [corn, soy, and wheat gluten] protein, corn oil, autolyzed yeast extract, maltodextrin, sugar, natural flavorings, caramel color, disodium inosinate and disodium guanylate), Salted French Brandy (French brandy, salt), Chicken Base (chicken meat and natural juices, salt, chicken fat, sugar, hydrolyzed [corn, wheat gluten, and soy] protein, dried whey, maltodextrin, autolyzed yeast extract, natural flavorings, disodium inosinate and disodium guanylate, natural extractives of turmeric and annatto), Kitchen Bouquet Sauce (caramel color, water, vegetable base [water, carrots, celery, cabbage, onion, parsley, turnips, parsnips], spices, salt, sodium benzoate), Seasoning (water, salt, wheat gluten, wheat, less than 2% wheat bran, sugar, acetic acid, artificial flavor, disodium inosinate, disodium guanylate, dextrose, caramel color), House Seasoning (salt, garlic, white pepper), Carrageenan. Contains Milk, Soy, and Wheat.	340	28g	18g	950mg	14g
	Fiber:	Sugar:	Protein:	Iron:	Vitamin D:
	1g	2g	2g	6%	20%
New England Clam Chowder (910116) · Gluten Free	Cal:	Total Fat:	Sat. Fat:	Sodium:	Total Carb:
INGREDIENTS: Water, Sea Clams (sea clams, sea clam juice, salt, sodium tripolyphosphate, calcium disodium EDTA), Potatoes, Whole Milk (milk, vitamin D3), Rice Flour, Heavy Cream, Celery, Rice Starch, Sea Salt, Clam Concentrate (concentrated clam broth, salt), Pork Fat, Canola Oil, Uncured Bacon with no nitrites or nitrates added (pork, sea salt, cane sugar), Roasted Garlic, Onion Powder, White Pepper, Parsley Flakes. Contains Milk, Shellfish (clam).	170	4.5g	2g	780mg	25g
	Fiber:	Sugar:	Protein:	Iron:	Vitamin D:
	1g	2g	6g	6%	6%
Potato with Uncured Bacon Soup (910135) · Gluten Free	Cal:	Total Fat:	Sat. Fat:	Sodium:	Total Carb:
INGREDIENTS: Whole Milk (milk, vitamin D3), Water, Potatoes, Carrots, Uncured Bacon* (pork, sea salt, cane sugar), Celery, Corn Starch, Sea Salt, Sugar, Smoked Pork Broth Concentrate (pork stock, natural flavor, salt, xanthan gum), Onion Powder, Hickory Smoke Flavor (purified natural wood smoke, water), White Pepper, Parsley Flakes. *No nitrites or nitrates added except those naturally occurring in sea salt. Contains Milk.	210	8g	4g	1030mg	25g
	Fiber:	Sugar:	Protein:	Iron:	Vitamin D:
	1g	7g	9g	6%	0%
Poultry Soup (701287)	Cal:	Total Fat:	Sat. Fat:	Sodium:	Total Carb:
INGREDIENTS: Water, Onions, Chicken Meat, Celery, Carrots, Chicken Base (chicken meat including natural chicken juices, salt, chicken fat, sugar, hydrolyzed corn, wheat, and soy protein, dried whey, maltodextrin [from corn], autolyzed yeast extract, natural flavorings, disodium inosinate and disodium guanylate, natural extractive of turmeric and annatto [color]), Chicken Fat, Parsley, Turmeric, White Pepper. Contains Milk, Soy, and Wheat.	80	4g	1g	1030mg	6g
	Fiber:	Sugar:	Protein:	Iron:	Vitamin D:
	1g	3g	6g	0%	0%
Premium Lobster Bisque (701277)	Cal:	Total Fat:	Sat. Fat:	Sodium:	Total Carb:
INGREDIENTS: Water, Heavy Cream, Lobster Meat, Enriched Wheat Flour (bleached wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Unsalted Butter (pasteurized cream, natural flavorings), Tomato Paste (tomatoes), Modified Food Starch, LobsterpoixBase (cooked lobster, salt, dextrose, hydrolyzed soy protein, lobster extract, yeast extract, maltodextrin, tomato powder, dried potato, corn oil, disodium inosinate and disodium guanylate, canola oil, extractives of paprika, natural butter flavor, flavoring, cod liver oil, modified corn starch, artificial flavors), Sherry Wine (contains sulfites), Louisiana Hot Sauce (peppers, vinegar, salt), Kosher Salt, Clam Broth	390	32g	21g	1130mg	13g
	Fiber:	Sugar:	Protein:	Iron:	Vitamin D:
	0g	1g	6g	4%	0%
Savory Bean & Uncured Ham Soup (910069) · Gluten Free	Cal:	Total Fat:	Sat. Fat:	Sodium:	Total Carb:
INGREDIENTS: Water, White Navy Beans, Uncured Diced Ham* (pork, water, vinegar, brown sugar, salt, sugar, dehydrated bell peppers, extractive of paprika, natural flavors, celery powder), Celery, Carrots, Modified Food Starch, Onions, Chicken Broth Concentrate (chicken stock, salt, chicken fat, natural flavor, vegetable juice concentrate [celery, onion, carrot], lactic acid, xanthan gum), Garbanzo Flour (100% garbanzo beans), Smoked Pork Broth Concentrate (pork stock, natural flavor, salt, xanthan gum), Sea Salt, Pork Fat, Worcestershire Sauce (distilled white vinegar, molasses, water, sugar, onions, anchovies, salt, garlic, cloves, tamarind extract, natural flavorings, chili pepper extract), Thyme, Onion Powder, Garlic Powder, Parsley Flakes, Marjoram, Bay Leaf. *No nitrates or nitrites added except for those naturally occurring in celery. Contains Fish.	130	1.5g	0g	910mg	22g
	Fiber:	Sugar:	Protein:	Iron:	Vitamin D:
	3g	2g	9g	10%	0%
Signature Broccoli Cheddar Soup (701322) · Vegetarian · Gluten Free	Cal:	Total Fat:	Sat. Fat:	Sodium:	Total Carb:
INGREDIENTS: Water, Broccoli, Pasteurized Process Sharp Cheddar Cheese (cheddar cheese [pasteurized milk, cheese culture, salt, enzymes], water, sodium citrate, cream, salt, apo carotenal [color]), Heavy Cream (cream, fat free milk), Modified Food Starch, Nonfat Dry Milk, Cheddar Cheese Flavor Base (cheddar cheese [milk, cultures, salt, enzymes], salt, yeast extract, corn oil, dry vegetable shortening, unsalted butter [cream, flavorings], sweet cream powder, sugar, dry mustard, disodium inosinate/disodium guanylate, potassium sorbate), Sea Salt, Broth Concentrate (natural flavor, water, salt, vegetable oils [olive, palm], xanthan gum), Annatto Extract (water, natural extractives of annatto seed, potassium hydroxide). Contains Milk.	190	12g	7g	940mg	14g
	Fiber:	Sugar:	Protein:	Iron:	Vitamin D:
	1g	4g	8g	2%	0%
Split Pea with Uncured Ham Soup (910114) · Gluten Free · Dairy Free	Cal:	Total Fat:	Sat. Fat:	Sodium:	Total Carb:
INGREDIENTS: Water, Split Peas, Uncured Diced Ham, *no nitrates or nitrites added except for those naturally occurring in celery (pork, water, vinegar, brown sugar, salt, sugar, dehydrated bell peppers, extractive of paprika, natural flavors, celery powder), Carrots, Corn Starch, Sea Salt, Rice Starch, Pork Fat, Sugar, Pork Flavor Broth Concentrate (pork stock, salt, natural flavor, yeast extract, sugar), Yeast Extract (yeast extract, salt), Onion Powder, Garlic Powder, Parsley Flakes, Turmeric (for color and spices).	110	2g	0.5g	1060mg	17g
	Fiber:	Sugar:	Protein:	Iron:	Vitamin D:
	3g	4g	6g	6%	0%
Tomato Basil Soup (701133)	Cal:	Total Fat:	Sat. Fat:	Sodium:	Total Carb:
INGREDIENTS: Water, Heavy Cream, Ground Tomato Puree (diced tomatoes, tomato puree, salt, citric acid), Tomato Paste (tomatoes), Enriched Wheat Flour (bleached wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Unsalted Butter (pasteurized cream, natural flavorings), Chicken Base (chicken meat and natural juices, salt, chicken fat, sugar, hydrolyzed [corn, wheat gluten, and soy] protein, dried whey, maltodextrin, autolyzed yeast extract, natural flavorings, disodium inosinate and disodium guanylate, natural extractives of turmeric and annatto), Parmesan/Romano Cheese Blend (parmesan and romanocheese [pasteurized milk, cheese cultures, salt, enzymes]), Basil, Modified Food Starch, Spike Seasoning (salt crystals [earth and sea], nutritional yeast, hydrolyzed soy protein [no added msg], mellow toasted onion, onion powder, orange powder, soy granules, celery leaf powder, celery root powder, garlic powder, dill, kelp, Indian curry, horseradish, ripe white pepper, orange and lemon peel, summer savory, mustard flour, sweet green and red bell peppers, parsley flakes, tarragon, rosehips, safflower, mushroom powder, parsley powder, spinach powder, tomato powder, sweet paprika, celery seed ground, cayenne pepper, oregano, sweet basil, marjoram, rosemary and thyme), Louisiana Hot Sauce (peppers, vinegar, salt), Seasoning (water, salt, wheat gluten, wheat, less than 2% wheat bran, sugar, acetic acid, artificial flavor, disodium inosinate, disodium guanylate, dextrose, caramel color), House Seasoning (salt, garlic, white pepper), Spices, Carrageenan. Contains Milk, Soy, and Wheat.	290	22g	14g	760mg	15g
	Fiber:	Sugar:	Protein:	Iron:	Vitamin D:
	0g	4g	4g	4%	0%

SOUP SUPREME®

Nutritional Information

Vegetable Beef with Barley Soup (910112) · Dairy Free	Cal:	Total Fat:	Sat. Fat:	Sodium:	Total Carb:
INGREDIENTS: Water, Diced Tomatoes (tomatoes, tomato juice, salt, citric acid), Angus Beef, Carrots, Potatoes, Celery, Corn, Barley, Green Beans, Peas, Ground Tomatoes (tomatoes, salt, citric acid), Beef Flavor Broth Concentrate (beef stock, natural flavor, salt, beef fat), Corn Starch, Rice Starch, Sea Salt, Onions, Citric Acid.	90	1.5g	0.5g	680mg	15g
	Fiber:	Sugar:	Protein:	Iron:	Vitamin D:
	2g	2g	4g	6%	0%

Vegetarian Chili (701316) · Vegetarian · Dairy Free · Gluten Free	Cal:	Total Fat:	Sat. Fat:	Sodium:	Total Carb:
INGREDIENTS: Water, Diced Tomatoes in Juice (diced tomatoes, tomato juice, citric acid, calcium chloride), Green Peppers, Onions, Olives (ripe olives, water, salt, ferrous gluconate [to stabilize color]), Corn, Tomato Paste (tomatoes), Mushrooms, Red Kidney Beans, Carrots, Pinto Beans, Black Beans, Great Northern Beans, Light Chili Powder (chili pepper, salt, spices, garlic powder), Soybean Oil, Celery, Kosher Salt, Spike Seasoning (salt crystals [earth and sea], nutritional yeast, hydrolyzed soy protein [no added msg], mellow toasted onion, onion powder, orange powder, soy granules, celery leaf powder, celery root powder, garlic powder, dill, kelp, Indian curry, horseradish, ripe white pepper, orange and lemon peel, summer savory, mustard flour, sweet green and red bell peppers, parsley flakes,	140	4.5g	0.5g	810mg	25g
	Fiber:	Sugar:	Protein:	Iron:	Vitamin D:
	9g	6g	6g	15%	0%

Vegetarian Minestrone Soup (701291) · Vegetarian · Dairy Free · Gluten Free	Cal:	Total Fat:	Sat. Fat:	Sodium:	Total Carb:
INGREDIENTS: Water, Ground Tomato Puree (diced tomatoes, tomato puree, salt, citric acid), Diced Tomatoes in Juice (diced tomatoes, tomato juice, citric acid, calcium chloride), Onions, Zucchini, Broccoli, Carrots, Cabbage, Tomato Paste (tomatoes), Red Peppers, Chickpeas (chickpeas, water, salt, calcium chloride, disodium edta), Mirepoix Base (sautéed vegetables [carrot, celery, onion, and soybean oil], salt, sugar, maltodextrin, mirepoix flavor [autolyzed yeast extract, maltodextrin, canola oil, and natural flavors], modified food starch, disodium inosinate and disodium guanylate, natural flavorings), Green Peppers, Dark Red Kidney Beans (dark red kidney beans, water, corn syrup, salt, calcium chloride, disodium EDTA (added to promote color retention), Spinach, Celery, Peas, Soybean Oil, Garlic, Spike Seasoning (salt crystals [earth and sea], nutritional yeast, hydrolyzed soy protein [no added msg], mellow toasted onion, onion powder, orange powder, soy granules, celery leaf powder, celery root powder, garlic powder, dill, kelp, Indian curry, horseradish, ripe white pepper, orange and lemon peel, summer savory, mustard flour, sweet green and red bell peppers, parsley flakes, tarragon, rosehips, safflower, mushroom powder, parsley powder, spinach powder, tomato powder, sweet paprika, celery seed ground, cayenne pepper, oregano, sweet basil, marjoram, rosemary and thyme), Spices, Sea Salt. Contains Soy.	2g	7g	3g	6%	0%