

## **Brunswick Stew Starter**

Our Brunswick Stew Starter gives you the versality to customize this Southern classic by adding proteins, additional vegetables, starches or a kick of pepper sauce to fit your regional profile and guest preferences.



Contains Milk, Soy, Wheat.

## **INGREDIENTS:**

Ground Tomatoes (tomatoes, salt, citric acid), Ketchup (tomato concentrate made from red ripe tomatoes, distilled vinegar, high fructose corn syrup, corn syrup, salt, spices, onion powder, natural flavoring), Water, Corn, Baby Lima Beans, Barbecue Sauce (sugar, distilled vinegar, water, tomato paste, molasses, modified potato starch, salt , contains less than 2% of natural smoke flavor, mustard flour, spice, paprika, dried onion, dried garlic, caramel color, maltodextrin, chili powder [chili pepper , spice, salt, garlic], autolyzed yeast extract, natural flavor), Onions, Worcestershire Sauce (distilled vinegar, molasses, corn syrup, water, salt, caramel color, garlic powder, sugar, spices, celery seed, tamarind extract, natural flavor [contains sulfites]), Louisiana Hot Sauce (peppers, vinegar, salt), Chicken Base (chicken meat including natural chicken juices, salt, chicken fat, sugar, hydrolyzed corn, wheat, and soy protein, dried whey, maltodextrin [from corn], autolyzed yeast extract, natural flavorings, disodium inosinate and disodium guanylate, natural extractive of turmeric and annatto [color]), Garlic, Black Pepper.

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Nutrition Fa	Cts			
Serving size 1 cup	o (245g)			
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Amount per serving	200			
Calories 2	200			
% Da	ily Value*			
Total Fat 1g	1%			
Saturated Fat 0g	0%			
Trans Fat 0g				
Cholesterol Omg	0%			
Sodium 1100mg	48%			
Total Carbohydrate 44g	16%			
Dietary Fiber 4g	14%			
Total Sugars 25g				
Includes 8g Added Sugars	16%			
Protein 5g				
Vitamin D 0mcg	0%			
Calcium 54mg	4%			
Iron 2mg	10%			
Potassium 630mg	15%			
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.				

MFG CODE	RECIPE CODE	GTIN	PACK SIZE	SHELF LIFE
702784	501443	10667978014421	4 - 4lb. bags/case	15 months from manufacture

## FROZEN HANDLING INSTRUCTIONS:

Hold at a frozen state 0-15°F until time of use. Thaw under refrigeration for approximately 24-36 hours at or below 40°F. Heat to 165°F as quickly as possible by placing pouches in a water bath, kept preferably around 180 -190°F or by pouring thawed product into double boiler (stirring constantly to avoid scalding).



**KETTLE CUISINE**. Technical data as of 2/16/2023. Subject to change.