



Nutritional & Ingredient Information

Brunswick Stew Starter (702784)	Cal:	Total Fat:	Sat. Fat:	Sodium:	Total Carb:
INGREDIENTS: Crushed Tomatoes (water, concentrated crushed tomatoes, less than 2% of: salt, citric acid), Water, Baby Lima Beans, Corn, Barbecue Sauce (sugar, distilled vinegar, water, tomato paste, molasses, modified potato starch, salt, contains less than 2% of natural smoke flavor, mustard flour, spice, paprika, dried onion, dried garlic, caramel color, maltodextrin, chili powder [chili pepper, spice, salt, garlic], autolyzed yeast extract, natural flavor), Ketchup (tomato concentrate made from red ripe tomatoes, distilled vinegar, high fructose corn syrup, corn syrup, salt, spices, onion powder, natural flavoring), Onions, Worcestershire Sauce (distilled vinegar, molasses, corn syrup, water, salt, caramel color, garlic powder, sugar, spices, celery seed, tamarind extract, natural flavor), Louisiana Hot Sauce (peppers, vinegar, salt), Chicken Base (chicken meat including natural chicken juices, salt, chicken fat, sugar, hydrolyzed corn, wheat, and soy protein, dried whey, maltodextrin [from corn], autolyzed yeast extract, natural flavorings, disodium inosinate and disodium guanylate, natural extractive of turmeric and annatto [color]), Garlic, Black Pepper.	180	0.5g	0g	1020mg	39g
	Fiber:	Sugar:	Protein:	Iron:	Vitamin D:
	5g	20g	6g	10%	0%
Captain's Corn Chowder (910132) - Gluten Free	Cal:	Total Fat:	Sat. Fat:	Sodium:	Total Carb:
INGREDIENTS: Water, Corn, Whole Milk (milk, vitamin D3), Potatoes, Rice Flour, Heavy Cream (cream, fat free milk), Onions, Soybean Oil, Carrots, Corn Starch, Uncured Bacon* (pork bellies, sea salt, cane sugar, celery powder, spices), Sea Salt, Pork Fat, Butter (cream, salt), Sugar, Yeast Extract (yeast extract, salt), Seasoning (salt, nutritional yeast, hydrolyzed soy protein, mellow toasted onion, onion powder, orange powder, soy granules, celery leaf powder, celery root powder, garlic powder, dill, kelp, spices, horseradish, ripe white pepper, orange and lemon peel, summer savory, mustard flour, sweet green and red bell peppers, parsley flakes, tarragon, rosehips, safflower, mushroom powder, parsley powder, spinach powder, tomato powder, sweet paprika, ground celery seed, cayenne pepper, oregano, sweet basil, marjoram, rosemary and thyme), Gumbo File, Annatto Extract (canola oil, annatto seed [for color]), Onion Powder, Parsley Flakes. *No nitrates/nitrites added except for those naturally occurring in sea salt and celery powder. Contains Milk, Soy.	180	9g	3.5g	720mg	23g
	Fiber:	Sugar:	Protein:	Iron:	Vitamin D:
	2g	4g	3g	2%	2%
Chicken & Dumplings Soup (910131)	Cal:	Total Fat:	Sat. Fat:	Sodium:	Total Carb:
INGREDIENTS: Water, Chicken Stock (water, chicken bones, onions, celery, carrots, sea salt, garlic, parsley, white pepper, thyme, bay leaves, marjoram), Dumplings (durum wheat flour, water, eggs, wheat gluten, salt), Chicken Meat, Carrots, Celery, Canola Oil, Rice Flour, Nonfat Dry Milk, Onions, Corn Starch, Chicken Broth Concentrate (chicken stock, salt, chicken fat, natural flavor, vegetable juice [celery, onion, carrot], lactic acid, xanthan gum), Olive Oil, Sugar, Chicken Fat, Butter (cream, salt), Sea Salt, Parsley Flakes, Ground Celery Seeds, Turmeric. Contains Egg, Milk, Wheat.	210	10g	1.5g	700mg	18g
	Fiber:	Sugar:	Protein:	Iron:	Vitamin D:
	1g	4g	8g	6%	0%
Chicken Enchilada with Smoked Paprika Soup (910068) - Gluten Free	Cal:	Total Fat:	Sat. Fat:	Sodium:	Total Carb:
INGREDIENTS: Water, Chicken Meat, Black Beans, Diced Tomatoes in Juice (tomatoes, tomato juice, calcium chloride, citric acid), Corn, Light Cream (milk, cream), Green Chile Peppers, Roasted Sweet Corn, Roasted Red Peppers, Chicken Flavor Broth Concentrate (chicken stock, natural flavor, salt, chicken fat), Onions, Corn Flour, Cheddar Cheese (pasteurized cow's milk, cheese culture, salt, enzymes, annatto), Soybean Oil, Tomato Paste, Broth Concentrate (natural flavor, water, salt, vegetable oils [olive, palm], xanthan gum), Garlic, Jalapeno Peppers, Corn Starch, Cumin, Yeast Extract (yeast extract, salt), Chili Powder, Cilantro, Sea Salt, Turmeric, Smoked Paprika. Contains Milk.	180	9g	3g	960mg	18g
	Fiber:	Sugar:	Protein:	Iron:	Vitamin D:
	2g	3g	10g	10%	0%
Chicken Gumbo Soup (910130) - Gluten Free - Dairy Free	Cal:	Total Fat:	Sat. Fat:	Sodium:	Total Carb:
INGREDIENTS: Water, Chicken Meat, Onions, Celery, Tomato Paste (tomatoes), White Rice, Green Peppers, Okra, Rice Flour, Canola Oil, Red Bell Pepper, Chicken Broth Concentrate (chicken stock, natural flavor, salt, chicken fat), Sea Salt, Sugar, Cajun Seasoning (garlic, salt, onion, paprika, oregano, white pepper, red pepper, spice), Yeast Extract (yeast extract, salt), Corn Starch, Gumbo File, Citric Acid, Basil, Mexican Oregano, Dried Thyme.	140	4.5g	0g	810mg	19g
	Fiber:	Sugar:	Protein:	Iron:	Vitamin D:
	1g	4g	6g	6%	0%
Chicken Tortilla Soup (701313) - Dairy Free	Cal:	Total Fat:	Sat. Fat:	Sodium:	Total Carb:
INGREDIENTS: Water, Diced Tomatoes (tomatoes, tomato juice, salt, citric acid), Tomato Puree (tomatoes), Chicken (dark meat), Corn, Red Kidney Beans, Green Chile Peppers, Carrots, Onions, Celery, Corn Flour, Chicken Flavor Broth Concentrate (chicken stock, natural flavor, salt, sugar, yeast extract, chicken fat), Soybean Oil, Taco Seasoning (onion, paprika, salt, chili pepper, cumin, garlic, flour, sugar, oregano, citric acid), Sea Salt, Cilantro, Garlic. Contains Wheat.	130	3.5g	0.5g	880mg	20g
	Fiber:	Sugar:	Protein:	Iron:	Vitamin D:
	4g	5g	8g	6%	0%
Chicken with Wild Rice Soup (910129) - Gluten Free	Cal:	Total Fat:	Sat. Fat:	Sodium:	Total Carb:
INGREDIENTS: Water, Chicken Stock (water, chicken bones, onions, celery, carrots, sea salt, garlic, parsley, white pepper, thyme, bay leaves, marjoram), Wild Rice, Chicken Meat, Parboiled Long Grain Rice, Carrots, Heavy Cream (cream, fat free milk), Corn Starch, Celery, Canola Oil, Sea Salt, Sugar, Chicken Flavor Broth Concentrate (chicken stock, salt, chicken fat, natural flavor, vegetable juice concentrate [celery, onion, carrot], lactic acid, xanthan gum), Nonfat Dry Milk, Butter (cream, salt), Onion Powder, Yeast Extract (yeast extract, salt), White Pepper, Turmeric, Celery Salt (salt, ground celery seed). Contains Milk.	160	5g	2g	740mg	22g
	Fiber:	Sugar:	Protein:	Iron:	Vitamin D:
	1g	3g	6g	6%	0%
French Onion Soup (701308)	Cal:	Total Fat:	Sat. Fat:	Sodium:	Total Carb:
INGREDIENTS: Water, Onions, Beef Base (salt, roasted beef and concentrated beef stock, hydrolyzed corn, soy, and wheat protein, corn oil, yeast extract, caramel color, natural flavors, maltodextrin, sugar, disodium inosinate and disodium guanylate, sulfites), Roasted Onion Base (onion, dextrose, maltodextrin, salt, water, onion powder, contains 2% or less of hydrolyzed soy protein, soybean oil, caramel color, natural flavors, potassium sorbate [preservative], soy lecithin), Sherry Wine (contains sulfites), Unsalted Butter (pasteurized cream, natural flavor), Chicken Base (chicken meat including natural chicken juices, salt, chicken fat, sugar, hydrolyzed corn, wheat, and soy protein, dried whey, maltodextrin [from corn], autolyzed yeast extract, natural flavorings, disodium inosinate and disodium guanylate, natural extractive of turmeric and annatto [color]), Seasoning (water, salt, wheat gluten, wheat, less than 2% wheat bran, sugar, acetic acid, artificial flavor, disodium inosinate, disodium guanylate, dextrose, caramel color), Flavoring and Browning Sauce (water, caramel color, vinegar, citric acid, garlic powder, pepper, onion powder, spices), Seasoning (salt, nutritional yeast, hydrolyzed soy protein, mellow toasted onion, onion powder, orange powder, soy granules, celery leaf powder, celery root powder, garlic powder, dill, kelp, spices, horseradish, ripe white pepper, orange and lemon peel, summer savory, mustard flour, sweet green and red bell peppers, parsley flakes, tarragon, rosehips, safflower, mushroom powder, parsley powder, spinach powder, tomato powder, sweet paprika, ground celery seed, cayenne pepper, oregano, sweet basil, marjoram, rosemary and thyme), Mustard Flour, House Seasoning (salt, garlic, white pepper), Black Pepper. Contains Milk, Soy, and Wheat.	80	3g	1.5g	1140mg	11g
	Fiber:	Sugar:	Protein:	Iron:	Vitamin D:
	2g	5g	2g	0%	0%
Ground Beef Chili with Beans (700289 Frozen) (700185 Refrigerated) - Gluten Free - Dairy Free	Cal:	Total Fat:	Sat. Fat:	Sodium:	Total Carb:
INGREDIENTS: Ground Tomatoes (tomatoes, salt, citric acid), Beef, Red Kidney Beans, Diced Tomatoes (tomatoes, tomato juice, salt, citric acid), Water, Onions, Green Peppers, Celery, Corn Oil, Sea Salt, Paprika (for flavor and color), Chili Powder (spices, sea salt, garlic powder), Cumin, Ancho Chile Powder, Garlic, Cayenne Pepper, Pepper Sauce (distilled vinegar, red pepper, salt), Black Pepper.	320	22g	8g	820mg	23g
	Fiber:	Sugar:	Protein:	Iron:	Vitamin D:
	9g	6g	17g	20%	0%

WINTER 2025 Nutritional information based on 1 cup (245g) serving unless otherwise noted

Subject to change without notice



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Hearty Vegetable Soup (701136) · Vegetarian · Dairy Free · Gluten Free	Cal:	Total Fat:	Sat. Fat:	Sodium:	Total Carb:
INGREDIENTS: Water, Tomato Puree (tomatoes), Green Cabbage, Ground Tomato Puree (diced tomatoes, tomato puree, salt, citric acid), Corn, Zucchini, Onions, Carrots, Celery, Green Peppers, Mirepoix Base (sautéed vegetables [carrot, celery, onion, and soybean oil], salt, sugar, maltodextrin, mirepoix flavor [autolyzed yeast extract, maltodextrin, canola oil, and natural flavors]), modified food starch, disodium inosinate and disodium guanylate, natural flavorings), Garbanzo Beans, Potatoes, Cooked Dark Kidney Beans, Red Bell Pepper, Soybean Oil, Seasoning (salt, nutritional yeast, hydrolyzed soy protein, mellow toasted onion, onion powder, orange powder, soy granules, celery leaf powder, celery root powder, garlic powder, dill, kelp, spices, horseradish, ripe white pepper, orange and lemon peel, summer savory, mustard flour, sweet green and red bell peppers, parsley flakes, tarragon, rosehips, safflower, mushroom powder, parsley powder, spinach powder, tomato powder, sweet paprika, ground celery seed, cayenne pepper, oregano, sweet basil, marjoram, rosemary and thyme), Salt, Chives, Parsley Flakes, Oregano, Black Pepper. Contains Soy.	100	2g	0g	950mg	18g
	Fiber:	Sugar:	Protein:	Iron:	Vitamin D:
	4g	6g	3g	6%	0%

Homestyle Beef Soup (910120) · Gluten Free · Dairy Free	Cal:	Total Fat:	Sat. Fat:	Sodium:	Total Carb:
INGREDIENTS: Water, Angus Beef, Carrots, Potatoes, Rice Flour, Onions, Soybean Oil, Celery, Beef Flavor Broth Concentrate (beef stock, natural flavor, salt, beef fat), Corn Starch, Tomato Paste, Broth Concentrate (natural flavor, water, salt, vegetable oils [olive, palm], xanthan gum), Sea Salt, Sugar, Black Pepper, Ground Thyme.	170	8g	2g	750mg	18g
	Fiber:	Sugar:	Protein:	Iron:	Vitamin D:
	2g	3g	8g	6%	0%

Homestyle Chicken Noodle Soup (910119) · Dairy Free	Cal:	Total Fat:	Sat. Fat:	Sodium:	Total Carb:
INGREDIENTS: Water, Egg Noodle (semolina, eggs, egg white, niacin, iron [ferrous sulfate], thiamin mononitrate, riboflavin, folic acid), Carrots, Chicken Meat, Onions, Celery, Chicken Flavor Broth Concentrate (chicken stock, salt, chicken fat, natural flavor, vegetable juice concentrate [celery, onion, carrot], lactic acid, xanthan gum), Corn Starch, Sea Salt, Chicken Fat, Sugar, Yeast Extract (yeast extract, salt), Parsley, Turmeric. Contains Egg, Wheat.	100	2g	0.5g	970mg	14g
	Fiber:	Sugar:	Protein:	Iron:	Vitamin D:
	1g	2g	6g	6%	0%

Italian Style Wedding Soup with Meatballs (910118)	Cal:	Total Fat:	Sat. Fat:	Sodium:	Total Carb:
INGREDIENTS: Water, Chicken Stock (water, chicken bones, onions, celery, carrots, sea salt, garlic, parsley, white pepper, thyme, bay leaves, marjoram), Meatballs (beef, water, egg whites, bread crumbs [wheat flour], romanocheese [pasteurized cow's and sheep's milk, rennet, salt, cheese cultures, enzymes], dehydrated onion, dried cane sugar, salt, natural flavors), Acini di Pepe Pasta (semolina [wheat], egg whites), Spinach, Carrots, Corn Starch, Chicken Flavor Broth Concentrate (chicken stock, salt, chicken fat, natural flavor, vegetable juice concentrate [celery, onion, carrot], lactic acid, xanthan gum), Sugar, Butter (cream, salt), Garlic Powder, Sea Salt, Basil, Fennel Seed, Turmeric, Parmesan Cheese Flavor (parmesan cheese [pasteurized milk, cultures, salt and enzymes], water, salt, sodium phosphate, sodium citrate, xanthan gum). Contains Egg, Milk, Wheat.	130	4.5g	2g	660mg	17g
	Fiber:	Sugar:	Protein:	Iron:	Vitamin D:
	1g	2g	5g	4%	0%

Italian Wedding Soup without Orzo (701278)	Cal:	Total Fat:	Sat. Fat:	Sodium:	Total Carb:
INGREDIENTS: Water, Meatballs (beef, water, egg whites, bread crumbs [wheat flour], romanocheese [pasteurized cow's and sheep's milk, rennet, salt, cheese cultures, enzymes], dehydrated onion, dried cane sugar, salt, natural flavors), Onions, Carrots, Spinach, Celery, Chicken Base (chicken meat including natural chicken juices, salt, chicken fat, sugar, hydrolyzed corn, wheat, and soy protein, dried whey, maltodextrin [from corn], autolyzed yeast extract, natural flavorings, disodium inosinate and disodium guanylate, natural extractive of turmeric and annatto [color]), Canola Oil, Modified Food Starch, Seasoning (salt, nutritional yeast, hydrolyzed soy protein, mellow toasted onion, onion powder, orange powder, soy granules, celery leaf powder, celery root powder, garlic powder, dill, kelp, spices, horseradish, ripe white pepper, orange and lemon peel, summer savory, mustard flour, sweet green and red bell peppers, parsley flakes, tarragon, rosehips, safflower, mushroom powder, parsley powder, spinach powder, tomato powder, sweet paprika, ground celery seed, cayenne pepper, oregano, sweet basil, marjoram, rosemary and thyme), Extra Virgin Olive Oil, Granulated Garlic, Dried Basil. Contains Egg, Milk, Soy, and Wheat.	120	8g	2.5g	900mg	7g
	Fiber:	Sugar:	Protein:	Iron:	Vitamin D:
	1g	2g	5g	4%	0%

Mushroom Soup with Morels (701300)	Cal:	Total Fat:	Sat. Fat:	Sodium:	Total Carb:
INGREDIENTS: Water, Heavy Cream (cream, fat free milk), Mushrooms, Unsalted Butter (pasteurized cream, natural flavor), Enriched Wheat Flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), Onions, Shallots, Modified Food Starch, Salted Sherry Cooking Wine (wine [contains sulfites], salt), Mushroom Base (rehydrated dry boletus luteus mushrooms, salt, flavor [natural flavors, corn syrup, maltodextrin, mushroom solids, caramel color, annatto, turmeric], sugar, butter [sweet cream, salt], potato starch), Beef Base (salt, roasted beef and concentrated beef stock, hydrolyzed corn, soy, and wheat protein, corn oil, yeast extract, caramel color, natural flavors, maltodextrin, sugar, disodium inosinate and disodium guanylate, sulfites), Brandy, Chicken Base (salt, chicken, rendered chicken fat, sugar, hydrolyzed corn, wheat, and soy protein, whey, maltodextrin, contains 2% or less of yeast extract, flavorings, disodium inosinate and disodium guanylate, oleoresin turmeric), Flavoring and Browning Sauce (water, caramel color, vinegar, citric acid, garlic powder, pepper, onion powder, spices), Seasoning (water, salt, wheat gluten, wheat, less than 2% wheat bran, sugar, acetic acid, artificial flavor, disodium inosinate, disodium guanylate, dextrose, caramel color), House Seasoning (salt, garlic, white pepper), Dried Morel Mushrooms, Carrageenan. Contains Milk, Soy, and Wheat.	310	25g	16g	980mg	17g
	Fiber:	Sugar:	Protein:	Iron:	Vitamin D:
	2g	4g	3g	6%	2%

New England Clam Chowder (910116) · Gluten Free	Cal:	Total Fat:	Sat. Fat:	Sodium:	Total Carb:
INGREDIENTS: Water, Sea Clams (sea clams, sea clam juice, salt, sodium tripolyphosphate, calcium disodium EDTA), Potatoes, Milk (milk, vitamin D3), Rice Flour, Heavy Cream (cream, fat free milk), Celery, Rice Starch, Uncured Bacon* (pork, sea salt, cane sugar), Sea Salt, Clam Concentrate (clam, salt), Pork Fat, Canola Oil, Roasted Garlic, Onion Powder, White Pepper, Parsley Flakes. *No nitrites or nitrates added except those naturally occurring in sea salt. Contains Milk.	170	5g	2.5g	850mg	23g
	Fiber:	Sugar:	Protein:	Iron:	Vitamin D:
	2g	2g	7g	6%	0%



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Poblano & White Cheddar Soup w/ Tomatillos (703012) · Vegetarian · Gluten Free	Cal:	Total Fat:	Sat. Fat:	Sodium:	Total Carb:
INGREDIENTS: Water, Light Cream (milk, cream), Onions, Tomatillos, White Cheddar Cheese (pasteurized milk, cheese cultures, salt, enzymes), Poblano Peppers, Sour Cream (cultured light cream, nonfat milk, enzymes), Cheddar Cheese (pasteurized milk, cheese cultures, salt, enzymes), Green Chile Peppers, Modified Food Starch, Canola Oil, Corn Flour, Sea Salt, Garlic, Sugar, Lime Juice Concentrate (100%), Cumin, Chipotle Adobo Puree (water, chipotle chiles, white distilled vinegar, sun dried tomatoes, sugar, salt, oleoresin of spices [onion, garlic, cilantro]), Yeast Extract (yeast extract, salt), Light Chili Powder (chili pepper, salt, spices, garlic powder and silicon dioxide added to prevent caking), Coriander, Cayenne Pepper. Contains Milk.	240	17g	9g	990mg	14g
	Fiber:	Sugar:	Protein:	Iron:	Vitamin D:
	1g	4g	7g	4%	6%

Potato with Uncured Bacon Soup (910135) · Gluten Free	Cal:	Total Fat:	Sat. Fat:	Sodium:	Total Carb:
INGREDIENTS: Milk (milk, vitamin D3), Water, Potatoes, Carrots, Uncured Bacon* (pork, water, contains less than 2% of sea salt, cane sugar, cultured celery powder), Celery, Corn Starch, Sea Salt, Sugar, Smoked Pork Broth Concentrate (pork stock, natural flavor, salt, xanthan gum), Onion Powder, Hickory Seasoning (water, natural hickory smoke concentrate), White Pepper, Parsley Flakes. *No nitrates/nitrites added except those naturally occurring in sea salt and cultured celery powder Contains Milk.	200	9g	4g	930mg	23g
	Fiber:	Sugar:	Protein:	Iron:	Vitamin D:
	1g	7g	6g	0%	0%

Poultry Soup (701287)	Cal:	Total Fat:	Sat. Fat:	Sodium:	Total Carb:
INGREDIENTS: Water, Onions, Chicken Meat, Celery, Carrots, Chicken Base (chicken meat including natural chicken juices, salt, chicken fat, sugar, hydrolyzed corn, wheat, and soy protein, dried whey, maltodextrin [from corn], autolyzed yeast extract, natural flavorings, disodium inosinate and disodium guanylate, natural extractive of turmeric and annatto [color]), Chicken Fat, Parsley, Turmeric, White Pepper. Contains Milk, Soy, and Wheat.	80	4g	1g	1030mg	6g
	Fiber:	Sugar:	Protein:	Iron:	Vitamin D:
	1g	3g	6g	6%	0%

Premium Lobster Bisque (701277)	Cal:	Total Fat:	Sat. Fat:	Sodium:	Total Carb:
INGREDIENTS: Water, Heavy Cream (cream, fat free milk), Lobster Meat (lobster meat, water, salt), Enriched Wheat Flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), Unsalted Butter (pasteurized cream, natural flavor), Tomato Paste, Modified Food Starch, LobsterpoixBase (lobster, salt, dextrose, lobster extract, hydrolyzed soy protein, maltodextrin, contains 2% or less of potato flour, tomato powder, corn oil, disodium inosinate and disodium guanylate, yeast extract, natural and artificial flavors, paprika extract, cod liver oil, modified food starch, enzyme modified butter oil, dehydrated butter), Sherry Wine (contains sulfites), Louisiana Hot Sauce (peppers, vinegar, salt), Salt, Clam Broth (dehydrated clam broth, maltodextrin), Carrageenan, Cayenne Pepper. Contains Fish, Milk, Shellfish, Soy, and Wheat.	350	28g	18g	1160mg	17g
	Fiber:	Sugar:	Protein:	Iron:	Vitamin D:
	2g	3g	8g	6%	0%

Savory Bean & Uncured Ham Soup (910069) · Gluten Free	Cal:	Total Fat:	Sat. Fat:	Sodium:	Total Carb:
INGREDIENTS: Water, White Navy Beans, Uncured* Diced Ham (pork, water, vinegar, brown sugar, salt, sugar, dehydrated bell peppers, extractive of paprika, natural flavors, celery powder), Celery, Carrots, Modified Food Starch, Onions, Chicken Flavor Broth Concentrate (chicken stock, salt, chicken fat, natural flavor, vegetable juice concentrate [celery, onion, carrot], lactic acid, xanthan gum), Garbanzo Flour (100% garbanzo beans), Smoked Pork Broth Concentrate (pork stock, natural flavor, salt, xanthan gum), Sea Salt, Pork Fat, Worcestershire Sauce (distilled white vinegar, molasses, water, sugar, onions, anchovies, salt, garlic, cloves, tamarind extract, natural flavorings, chili pepper extract), Thyme, Onion Powder, Garlic Powder, Parsley Flakes, Marjoram, Bay Leaf. *No nitrates or nitrites added except for those naturally occurring in celery Contains Fish.	130	1.5g	0g	920mg	22g
	Fiber:	Sugar:	Protein:	Iron:	Vitamin D:
	3g	2g	9g	10%	0%

Signature Broccoli Cheddar Soup (701322) · Vegetarian · Gluten Free	Cal:	Total Fat:	Sat. Fat:	Sodium:	Total Carb:
INGREDIENTS: Water, Broccoli, Pasteurized Process Sharp Cheddar Cheese (cheddar cheese [pasteurized milk, cheese culture, salt, enzymes], water, sodium citrate, cream, salt, apo carotenol [color]), Heavy Cream (cream, fat free milk), Modified Food Starch, Nonfat Dry Milk, Cheddar Cheese Flavor Base (cheddar cheese [milk, cultures, salt, enzymes], salt, yeast extract, corn oil, dry vegetable shortening, unsalted butter [cream, flavorings], sweet cream powder, sugar, dry mustard, disodium inosinate/disodium guanylate, potassium sorbate), Sea Salt, Broth Concentrate (natural flavor, water, salt, vegetable oils [olive, palm], xanthan gum), Annatto Extract (water, natural extractives of annatto seed, potassium hydroxide). Contains Milk.	200	12g	7g	940mg	14g
	Fiber:	Sugar:	Protein:	Iron:	Vitamin D:
	1g	4g	8g	2%	0%

Split Pea with Uncured Ham Soup (910114) · Gluten Free · Dairy Free	Cal:	Total Fat:	Sat. Fat:	Sodium:	Total Carb:
INGREDIENTS: Water, Split Peas, Uncured* Diced Ham (pork, water, vinegar, brown sugar, salt, sugar, dehydrated bell peppers, extractive of paprika, natural flavors, celery powder), Carrots, Corn Starch, Sea Salt, Rice Starch, Pork Fat, Sugar, Pork Flavor Broth Concentrate (pork stock, salt, natural flavor, yeast extract, sugar), Yeast Extract (yeast extract, salt), Onion Powder, Garlic Powder, Parsley Flakes, Turmeric (for color and spices). *No nitrates or nitrites added except for those naturally occurring in celery	110	2g	0.5g	1010mg	17g
	Fiber:	Sugar:	Protein:	Iron:	Vitamin D:
	4g	4g	7g	4%	0%

Tomato Basil Soup (701133)	Cal:	Total Fat:	Sat. Fat:	Sodium:	Total Carb:
INGREDIENTS: Water, Heavy Cream (cream, fat free milk), Ground Tomato Puree (diced tomatoes, tomato puree, salt, citric acid), Tomato Paste, Enriched Wheat Flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), Unsalted Butter (pasteurized cream, natural flavor), Chicken Base (chicken meat including natural chicken juices, salt, chicken fat, sugar, hydrolyzed corn, wheat, and soy protein, dried whey, maltodextrin [from corn], autolyzed yeast extract, natural flavorings, disodium inosinate and disodium guanylate, natural extractive of turmeric and annatto [color]), Parmesan/Romano Cheese Blend (parmesan and romano cheese [pasteurized milk, cheese cultures, salt, enzymes], powdered cellulose [to prevent caking]), Basil, Modified Food Starch, Seasoning (salt, nutritional yeast, hydrolyzed soy protein, mellow toasted onion, onion powder, orange powder, soy granules, celery leaf powder, celery root powder, garlic powder, dill, kelp, spices, horseradish, ripe white pepper, orange and lemon peel, summer savory, mustard flour, sweet green and red bell peppers, parsley flakes, tarragon, rosehips, safflower, mushroom powder, parsley powder, spinach powder, tomato powder, sweet paprika, ground celery seed, cayenne pepper, oregano, sweet basil, marjoram, rosemary and thyme), Louisiana Hot Sauce (peppers, vinegar, salt), Seasoning (water, salt, wheat gluten, wheat, less than 2% wheat bran, sugar, acetic acid, artificial flavor, disodium inosinate, disodium guanylate, dextrose, caramel color), House Seasoning (salt, garlic, white pepper), Black Pepper, Carrageenan. Contains Milk, Soy, and Wheat.	260	20g	12g	830mg	17g
	Fiber:	Sugar:	Protein:	Iron:	Vitamin D:
	3g	6g	5g	6%	0%



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Tuscan Inspired Sausage Soup (701345)	Cal:	Total Fat:	Sat. Fat:	Sodium:	Total Carb:
INGREDIENTS: Water, Potatoes, Sweet Italian Sausage (pork, water, salt, spices, monosodium glutamate, sugar, paprika, BHA, BHT, citric acid), Onions, Heavy Cream (cream, fat free milk), Spinach, Chicken Base (salt, chicken, rendered chicken fat, sugar, hydrolyzed corn, wheat, and soy protein, whey, maltodextrin, contains 2% or less of yeast extract, flavorings, disodium inosinate and disodium guanylate, oleoresin turmeric), Enriched Wheat Flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), Unsalted Butter (pasteurized cream, natural flavor), Bacon Pieces (Bacon [Cured with water, less than 2% salt, sugar, sodium phosphate, sodium erythorbate, and sodium nitrite]), Garlic, Red Pepper Flakes. Contains Milk, Soy, and Wheat.	190	11g	6g	840mg	17g
	Fiber:	Sugar:	Protein:	Iron:	Vitamin D:
	2g	2g	8g	6%	0%

Vegetarian Chili (701316) · Vegetarian · Dairy Free · Gluten Free	Cal:	Total Fat:	Sat. Fat:	Sodium:	Total Carb:
INGREDIENTS: Water, Diced Tomatoes in Juice (Tomatoes, Tomato Juice, Salt, Citric Acid), Green Peppers, Onions, Olives (ripe olives, water, salt, ferrous gluconate [to stabilize color]), Corn, Tomato Paste, Mushrooms, Red Kidney Beans, Carrots, Pinto Beans, Black Beans, White Navy Beans, Light Chili Powder (chili pepper, salt, spices, garlic powder and silicon dioxide added to prevent caking), Soybean Oil, Celery, Salt, Seasoning (salt, nutritional yeast, hydrolyzed soy protein, mellow toasted onion, onion powder, orange powder, soy granules, celery leaf powder, celery root powder, garlic powder, dill, kelp, spices, horseradish, ripe white pepper, orange and lemon peel, summer savory, mustard flour, sweet green and red bell peppers, parsley flakes, tarragon, rosehips, safflower, mushroom powder, parsley powder, spinach powder, tomato powder, sweet paprika, ground celery seed, cayenne pepper, oregano, sweet basil, marjoram, rosemary and thyme), Louisiana Hot Sauce (peppers, vinegar, salt), Cumin, Dried Basil, Dried Oregano. Contains Soy.	150	5g	0.5g	850mg	25g
	Fiber:	Sugar:	Protein:	Iron:	Vitamin D:
	8g	5g	7g	10%	0%

Vegetarian Minestrone Soup (701291) · Vegetarian · Dairy Free · Gluten Free	Cal:	Total Fat:	Sat. Fat:	Sodium:	Total Carb:
INGREDIENTS: Water, Ground Tomato Puree (diced tomatoes, tomato puree, salt, citric acid), Diced Tomatoes (tomatoes, tomato juice, salt, citric acid), Onions, Zucchini, Broccoli, Carrots, Green Cabbage, Tomato Paste, Diced Red Peppers (bell peppers, water, citric acid), Garbanzo Beans, Mirepoix Base (sautéed vegetables [carrot, celery, onion, and soybean oil], salt, sugar, maltodextrin, mirepoix flavor [autolyzed yeast extract, maltodextrin, canola oil, and natural flavors], modified food starch, disodium inosinate and disodium guanylate, natural flavorings), Green Peppers, Cooked Dark Kidney Beans, Spinach, Celery, Peas, Soybean Oil, Garlic, Seasoning (salt, nutritional yeast, hydrolyzed soy protein, mellow toasted onion, onion powder, orange powder, soy granules, celery leaf powder, celery root powder, garlic powder, dill, kelp, spices, horseradish, ripe white pepper, orange and lemon peel, summer savory, mustard flour, sweet green and red bell peppers, parsley flakes, tarragon, rosehips, safflower, mushroom powder, parsley powder, spinach powder, tomato powder, sweet paprika, ground celery seed, cayenne pepper, oregano, sweet basil, marjoram, rosemary and thyme), Oregano, Black Pepper, Sea Salt. Contains Soy.	100	2.5g	0g	790mg	16g
	Fiber:	Sugar:	Protein:	Iron:	Vitamin D:
	4g	6g	3g	6%	0%