

## Caribbean Jerk Chicken Soup



Tender chicken, sweet potatoes, carrots and tomatoes in a handcrafted chicken stock with white rice, red beans, traditional jerk seasoning and a hint of molasses.



Contains Tree Nuts (coconut).

### INGREDIENTS:

Chicken Stock (water, chicken bones, onions, celery, carrots, sea salt, garlic, parsley, white pepper, thyme, bay leaves, marjoram), Chicken Meat, Sweet Potatoes, Diced Tomatoes (tomatoes, tomato juice, salt, citric acid), Red Kidney Beans, Parboiled Long Grain Rice, Coconut Milk (coconut, water), Onions, Molasses, Rice Starch, Carrots, Garlic, Scallions, Tomato Paste (tomatoes, citric acid), Olive Oil, Sea Salt, Jalapeno Peppers, Cilantro, Chicken Fat, Ginger, Black Pepper, Pepper Sauce (distilled vinegar, red pepper, salt), Dried Thyme, Cinnamon, Nutmeg, Ground Allspice.

<b>Nutrition Facts</b>	
<b>Serving size</b>	<b>1 cup (245g)</b>
<b>Amount per serving</b>	
<b>Calories</b>	<b>200</b>
<b>% Daily Value*</b>	
<b>Total Fat</b> 5g	<b>6%</b>
Saturated Fat 2.5g	<b>13%</b>
Trans Fat 0g	
<b>Cholesterol</b> 25mg	<b>8%</b>
<b>Sodium</b> 670mg	<b>29%</b>
<b>Total Carbohydrate</b> 31g	<b>11%</b>
Dietary Fiber 4g	<b>14%</b>
Total Sugars 7g	
Includes 4g Added Sugars	<b>8%</b>
<b>Protein</b> 11g	
Vitamin D 0mcg	<b>0%</b>
Calcium 50mg	<b>4%</b>
Iron 2mg	<b>10%</b>
Potassium 424mg	<b>10%</b>

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

MFG CODE	RECIPE CODE	GTIN	PACK SIZE	SHELF LIFE
700654	500448	00667978045800	4-4# Bags/Case	15 months from manufacture

### FROZEN HANDLING INSTRUCTIONS:

Hold at a frozen state 0-15°F until time of use. Thaw under refrigeration for approximately 24-36 hours at or below 40°F. Heat to 165°F as quickly as possible by placing pouches in a water bath, kept preferably around 180 -190°F or by pouring thawed product into double boiler (stirring constantly to avoid scalding).

**PALLET CONFIGURATIONS:** 17 x 6 (102) **CASE DIMENSIONS:** 11.8125" x 9.3125" x 5.875"