

## Organic Split Pea and Kale Soup



A puréed blend of slow-simmered green split peas, onions, celery, and carrots with hearty kale and a fragrant rosemary finish.



### INGREDIENTS:

Organic Peas, Water, Organic Kale, Organic Onions, Organic Celery, Organic Carrots, Organic Rosemary, Organic Canola Oil, Sea Salt, Organic Bay Leaves, Organic Black Pepper.

| <b>Nutrition Facts</b>        |                     |
|-------------------------------|---------------------|
| <b>Serving size</b>           | <b>1 Cup (245g)</b> |
| <b>Amount per serving</b>     |                     |
| <b>Calories</b>               | <b>80</b>           |
| <b>% Daily Value*</b>         |                     |
| <b>Total Fat</b> 1.5g         | <b>2%</b>           |
| Saturated Fat 0g              | <b>0%</b>           |
| Trans Fat 0g                  |                     |
| <b>Cholesterol</b> 0mg        | <b>0%</b>           |
| <b>Sodium</b> 340mg           | <b>15%</b>          |
| <b>Total Carbohydrate</b> 13g | <b>5%</b>           |
| Dietary Fiber 0g              | <b>0%</b>           |
| Total Sugars 2g               |                     |
| Includes 0g Added Sugars      | <b>0%</b>           |
| <b>Protein</b> 5g             |                     |
| Vitamin D 0mcg                | <b>0%</b>           |
| Calcium 47mg                  | <b>4%</b>           |
| Iron 1mg                      | <b>6%</b>           |
| Potassium 300mg               | <b>6%</b>           |

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

| CODE   | GTIN           | PACK SIZE      | SHELF LIFE                 |
|--------|----------------|----------------|----------------------------|
| 700960 | 00667978018033 | 4-4# Bags/Case | 15 months from manufacture |

### FROZEN HANDLING INSTRUCTIONS:

Hold at a frozen state 0-15°F until time of use. Thaw under refrigeration for approximately 24-36 hours at or below 40°F. Heat to 165°F as quickly as possible by placing pouches in a water bath, kept preferably around 180 -190°F or by pouring thawed product into double boiler (stirring constantly to avoid scalding).

**PALLET CONFIGURATIONS:** 17 x 6 (102) **CASE DIMENSIONS:** 11.8125" x 9.3125" x 5.875"