

## Portuguese Kale Soup with Linguica



Linguica sausage, chopped kale, red kidney beans and tender potatoes in a handcrafted chicken stock with sautéed onions, garlic and a hint of paprika.



### INGREDIENTS:

Chicken Stock (water, chicken bones, onions, celery, carrots, sea salt, garlic, parsley, white pepper, thyme, bay leaves, marjoram), Red Kidney Beans, Kale, Potatoes, Uncured Linguica Sausage with no nitrates/ nitrites added except for those which naturally occur in natural flavor (pork, water, salt, paprika, spices, garlic, natural flavor), Onions, Olive Oil, Garlic, Sea Salt, Paprika (for color), Pepper Sauce (distilled vinegar, red pepper, salt), Allspice, Bay Leaves, Cloves, White Pepper.

<b>Nutrition Facts</b>	
<b>Serving size</b>	<b>1 Cup (245g)</b>
<b>Amount per serving</b>	
<b>Calories</b>	<b>160</b>
<b>% Daily Value*</b>	
<b>Total Fat</b> 7g	<b>9%</b>
Saturated Fat 1.5g	<b>8%</b>
Trans Fat 0g	
<b>Cholesterol</b> 15mg	<b>5%</b>
<b>Sodium</b> 510mg	<b>22%</b>
<b>Total Carbohydrate</b> 21g	<b>8%</b>
Dietary Fiber 8g	<b>29%</b>
Total Sugars 2g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 12g	
Vitamin D 0mcg	<b>0%</b>
Calcium 73mg	<b>6%</b>
Iron 2mg	<b>10%</b>
Potassium 369mg	<b>8%</b>

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

MFG CODE	RECIPE CODE	GTIN	PACK SIZE	SHELF LIFE
700091	500070	00667978019207	2-8# Bags/Case	60 days from manufacture

### REFRIGERATED HANDLING INSTRUCTIONS:

Store at 30-38°F. Heat to 165°F as quickly as possible by placing pouches in a water bath (kept preferably around 180 -190°F) or by pouring product into double boiler (stirring constantly to avoid scalding).

**PALLET CONFIGURATIONS:** 14 x 7 (98) **CASE DIMENSIONS:** 14.875" x 8.25" x 5"