

BUTTERNUT SQUASH RISOTTO



Featuring Kettle Cuisine's Butternut Squash & Apple Soup

INGREDIENTS:

1 stick (4 oz) Butter, plus 1 tbs

1 Medium onion, diced 1/4 inch

1 cup Arborio Rice 1/4 cup White Wine

1½ cups Chicken Stock, warm

2 ¼ cups Butternut Squash & Apple Soup, warm

1/4 cup Parsley

1/3 cup Grated Parmesan Cheese, plus extra to garnish

METHOD OF PREPARATION:

- 1. In a saucepan, melt stick of butter and sauté onions until translucent.
- 2. Add rice and cook until slightly toasted, add wine.
- 3. Add 1 cup of chicken stock and let cook until most of the liquid has absorbed, add the remaining half cup of chicken stock.
- 4. When the rice has absorbed most of the stock, add a half cup of the soup at a time until the rice has absorbed most of the liquid.
- 5. Stir in parsley, remaining tablespoon of butter, and grated Parmesan cheese.
- 6. Garnish with more grated Parmesan or Parmesan curls.

