Black Lentil & Roasted Garlic Dahl

Vegetarian, Gluten Free

Water, Black Lentils, Onions, Tomato Puree (tomatoes, salt, naturally derived citric acid), Butter (cream, salt), Heavy Cream, Roasted Garlic, Ginger Puree (ginger, water), Spices, Canola Oil, Sea Salt, Activated Charcoal. **Contains Milk.**

Cal: 250	**Total Fat: 9g**	**Sat Fat: 4.5g**	**Trans Fat: 0g**	**Chol: 20mg**
Sodium: 790mg	**Total Carb: 31g**	**Fiber: 5g**	**Sugars: 4g**	**Protein: 10g**

Nutritional information based on 1 cup (8oz) serving

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