# Hot Honey & Butternut Squash Soup

Vegetarian, Gluten Free

Vegetable Stock (water, onions, cabbage, celery, mushrooms, carrots, turnips, black peppercorns, mustard seed, dill weed, thyme, bay leaves, marjoram), Butternut Squash, Sweet Potatoes, Potatoes, Onions, Apples, Honey, Water, Butter (cream, salt), Apple Cider Vinegar (diluted with water to 5% acidity), Corn Starch, Ginger, Roasted Garlic, Sea Salt, Spices. **Contains Milk.**

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|---|---|---|---|---|
| **Cal: 140** | **Total Fat: 4g** | **Sat Fat: 2.5g** | **Trans Fat: 0g** | **Chol: 10mg** |
| **Sodium: 230mg** | **Total Carb: 26g** | **Fiber: 3g** | **Sugars: 11g** | **Protein: 1g** |

Nutritional information based on 1 cup (8oz) serving


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