Spicy Crab & Sweet Corn Chowder

Light Cream (milk, cream), Chicken Stock (water, chicken, onions, celery, carrots, sea salt, garlic, parsley, white pepper, thyme, bay leaves, marjoram), Water, Crab Meat, Corn, Onions, Green Peppers, Crab Extract, Celery, Butter (cream, salt), Wheat Flour, White Wine (contains sulfites), Brandy, Cane Sugar, Soybean Oil, Garlic, Sea Salt, Paprika (for color), Rice Starch, Spices, Garlic Chili Pepper Sauce (red chili, water, sugar, garlic, distilled vinegar, salt), Worcestershire Sauce (distilled white vinegar, molasses, water, sugar, onions, anchovies, salt, garlic, cloves, tamarind extract, natural flavorings, chili pepper extract), Pepper Sauce (distilled vinegar, red pepper, salt). **Contains Crab, Anchovy, Milk, Wheat.**

Cal: 300	**Total Fat: 22g**	**Sat Fat: 13g**	**Trans Fat: 0.5g**	**Chol: 100mg**
Sodium: 800mg	**Total Carb: 17g**	**Fiber: 1g**	**Sugars: 6g**	**Protein: 9g**

Nutritional information based on 1 cup (8oz) serving

Spicy Crab & Sweet Corn Chowder

Light Cream (milk, cream), Chicken Stock (water, chicken, onions, celery, carrots, sea salt, garlic, parsley, white pepper, thyme, bay leaves, marjoram), Water, Crab Meat, Corn, Onions, Green Peppers, Crab Extract, Celery, Butter (cream, salt), Wheat Flour, White Wine (contains sulfites), Brandy, Cane Sugar, Soybean Oil, Garlic, Sea Salt, Paprika (for color), Rice Starch, Spices, Garlic Chili Pepper Sauce (red chili, water, sugar, garlic, distilled vinegar, salt), Worcestershire Sauce (distilled white vinegar, molasses, water, sugar, onions, anchovies, salt, garlic, cloves, tamarind extract, natural flavorings, chili pepper extract), Pepper Sauce (distilled vinegar, red pepper, salt). **Contains Crab, Anchovy, Milk, Wheat.**

Cal: 300	**Total Fat: 22g**	**Sat Fat: 13g**	**Trans Fat: 0.5g**	**Chol: 100mg**
Sodium: 800mg	**Total Carb: 17g**	**Fiber: 1g**	**Sugars: 6g**	**Protein: 9g**

Nutritional information based on 1 cup (8oz) serving

Spicy Crab & Sweet Corn Chowder

Light Cream (milk, cream), Chicken Stock (water, chicken, onions, celery, carrots, sea salt, garlic, parsley, white pepper, thyme, bay leaves, marjoram), Water, Crab Meat, Corn, Onions, Green Peppers, Crab Extract, Celery, Butter (cream, salt), Wheat Flour, White Wine (contains sulfites), Brandy, Cane Sugar, Soybean Oil, Garlic, Sea Salt, Paprika (for color), Rice Starch, Spices, Garlic Chili Pepper Sauce (red chili, water, sugar, garlic, distilled vinegar, salt), Worcestershire Sauce (distilled white vinegar, molasses, water, sugar, onions, anchovies, salt, garlic, cloves, tamarind extract, natural flavorings, chili pepper extract), Pepper Sauce (distilled vinegar, red pepper, salt). **Contains Crab, Anchovy, Milk, Wheat.**

Cal: 300	**Total Fat: 22g**	**Sat Fat: 13g**	**Trans Fat: 0.5g**	**Chol: 100mg**
Sodium: 800mg	**Total Carb: 17g**	**Fiber: 1g**	**Sugars: 6g**	**Protein: 9g**

Nutritional information based on 1 cup (8oz) serving

Spicy Crab & Sweet Corn Chowder

Light Cream (milk, cream), Chicken Stock (water, chicken, onions, celery, carrots, sea salt, garlic, parsley, white pepper, thyme, bay leaves, marjoram), Water, Crab Meat, Corn, Onions, Green Peppers, Crab Extract, Celery, Butter (cream, salt), Wheat Flour, White Wine (contains sulfites), Brandy, Cane Sugar, Soybean Oil, Garlic, Sea Salt, Paprika (for color), Rice Starch, Spices, Garlic Chili Pepper Sauce (red chili, water, sugar, garlic, distilled vinegar, salt), Worcestershire Sauce (distilled white vinegar, molasses, water, sugar, onions, anchovies, salt, garlic, cloves, tamarind extract, natural flavorings, chili pepper extract), Pepper Sauce (distilled vinegar, red pepper, salt). **Contains Crab, Anchovy, Milk, Wheat.**

Cal: 300	**Total Fat: 22g**	**Sat Fat: 13g**	**Trans Fat: 0.5g**	**Chol: 100mg**
Sodium: 800mg	**Total Carb: 17g**	**Fiber: 1g**	**Sugars: 6g**	**Protein: 9g**

Nutritional information based on 1 cup (8oz) serving

Spicy Crab & Sweet Corn Chowder

Light Cream (milk, cream), Chicken Stock (water, chicken, onions, celery, carrots, sea salt, garlic, parsley, white pepper, thyme, bay leaves, marjoram), Water, Crab Meat, Corn, Onions, Green Peppers, Crab Extract, Celery, Butter (cream, salt), Wheat Flour, White Wine (contains sulfites), Brandy, Cane Sugar, Soybean Oil, Garlic, Sea Salt, Paprika (for color), Rice Starch, Spices, Garlic Chili Pepper Sauce (red chili, water, sugar, garlic, distilled vinegar, salt), Worcestershire Sauce (distilled white vinegar, molasses, water, sugar, onions, anchovies, salt, garlic, cloves, tamarind extract, natural flavorings, chili pepper extract), Pepper Sauce (distilled vinegar, red pepper, salt). **Contains Crab, Anchovy, Milk, Wheat.**

Cal: 300	**Total Fat: 22g**	**Sat Fat: 13g**	**Trans Fat: 0.5g**	**Chol: 100mg**
Sodium: 800mg	**Total Carb: 17g**	**Fiber: 1g**	**Sugars: 6g**	**Protein: 9g**

Nutritional information based on 1 cup (8oz) serving

Spicy Crab & Sweet Corn Chowder

Light Cream (milk, cream), Chicken Stock (water, chicken, onions, celery, carrots, sea salt, garlic, parsley, white pepper, thyme, bay leaves, marjoram), Water, Crab Meat, Corn, Onions, Green Peppers, Crab Extract, Celery, Butter (cream, salt), Wheat Flour, White Wine (contains sulfites), Brandy, Cane Sugar, Soybean Oil, Garlic, Sea Salt, Paprika (for color), Rice Starch, Spices, Garlic Chili Pepper Sauce (red chili, water, sugar, garlic, distilled vinegar, salt), Worcestershire Sauce (distilled white vinegar, molasses, water, sugar, onions, anchovies, salt, garlic, cloves, tamarind extract, natural flavorings, chili pepper extract), Pepper Sauce (distilled vinegar, red pepper, salt). **Contains Crab, Anchovy, Milk, Wheat.**

Cal: 300	**Total Fat: 22g**	**Sat Fat: 13g**	**Trans Fat: 0.5g**	**Chol: 100mg**
Sodium: 800mg	**Total Carb: 17g**	**Fiber: 1g**	**Sugars: 6g**	**Protein: 9g**

Nutritional information based on 1 cup (8oz) serving

Spicy Crab & Sweet Corn Chowder

Light Cream (milk, cream), Chicken Stock (water, chicken, onions, celery, carrots, sea salt, garlic, parsley, white pepper, thyme, bay leaves, marjoram), Water, Crab Meat, Corn, Onions, Green Peppers, Crab Extract, Celery, Butter (cream, salt), Wheat Flour, White Wine (contains sulfites), Brandy, Cane Sugar, Soybean Oil, Garlic, Sea Salt, Paprika (for color), Rice Starch, Spices, Garlic Chili Pepper Sauce (red chili, water, sugar, garlic, distilled vinegar, salt), Worcestershire Sauce (distilled white vinegar, molasses, water, sugar, onions, anchovies, salt, garlic, cloves, tamarind extract, natural flavorings, chili pepper extract), Pepper Sauce (distilled vinegar, red pepper, salt). **Contains Crab, Anchovy, Milk, Wheat.**

Cal: 300	**Total Fat: 22g**	**Sat Fat: 13g**	**Trans Fat: 0.5g**	**Chol: 100mg**
Sodium: 800mg	**Total Carb: 17g**	**Fiber: 1g**	**Sugars: 6g**	**Protein: 9g**

Nutritional information based on 1 cup (8oz) serving

Spicy Crab & Sweet Corn Chowder

Light Cream (milk, cream), Chicken Stock (water, chicken, onions, celery, carrots, sea salt, garlic, parsley, white pepper, thyme, bay leaves, marjoram), Water, Crab Meat, Corn, Onions, Green Peppers, Crab Extract, Celery, Butter (cream, salt), Wheat Flour, White Wine (contains sulfites), Brandy, Cane Sugar, Soybean Oil, Garlic, Sea Salt, Paprika (for color), Rice Starch, Spices, Garlic Chili Pepper Sauce (red chili, water, sugar, garlic, distilled vinegar, salt), Worcestershire Sauce (distilled white vinegar, molasses, water, sugar, onions, anchovies, salt, garlic, cloves, tamarind extract, natural flavorings, chili pepper extract), Pepper Sauce (distilled vinegar, red pepper, salt). **Contains Crab, Anchovy, Milk, Wheat.**

Cal: 300	**Total Fat: 22g**	**Sat Fat: 13g**	**Trans Fat: 0.5g**	**Chol: 100mg**
Sodium: 800mg	**Total Carb: 17g**	**Fiber: 1g**	**Sugars: 6g**	**Protein: 9g**

Nutritional information based on 1 cup (8oz) serving

Spicy Crab & Sweet Corn Chowder

Light Cream (milk, cream), Chicken Stock (water, chicken, onions, celery, carrots, sea salt, garlic, parsley, white pepper, thyme, bay leaves, marjoram), Water, Crab Meat, Corn, Onions, Green Peppers, Crab Extract, Celery, Butter (cream, salt), Wheat Flour, White Wine (contains sulfites), Brandy, Cane Sugar, Soybean Oil, Garlic, Sea Salt, Paprika (for color), Rice Starch, Spices, Garlic Chili Pepper Sauce (red chili, water, sugar, garlic, distilled vinegar, salt), Worcestershire Sauce (distilled white vinegar, molasses, water, sugar, onions, anchovies, salt, garlic, cloves, tamarind extract, natural flavorings, chili pepper extract), Pepper Sauce (distilled vinegar, red pepper, salt). **Contains Crab, Anchovy, Milk, Wheat.**

Cal: 300	**Total Fat: 22g**	**Sat Fat: 13g**	**Trans Fat: 0.5g**	**Chol: 100mg**
Sodium: 800mg	**Total Carb: 17g**	**Fiber: 1g**	**Sugars: 6g**	**Protein: 9g**

Nutritional information based on 1 cup (8oz) serving

Spicy Crab & Sweet Corn Chowder

Light Cream (milk, cream), Chicken Stock (water, chicken, onions, celery, carrots, sea salt, garlic, parsley, white pepper, thyme, bay leaves, marjoram), Water, Crab Meat, Corn, Onions, Green Peppers, Crab Extract, Celery, Butter (cream, salt), Wheat Flour, White Wine (contains sulfites), Brandy, Cane Sugar, Soybean Oil, Garlic, Sea Salt, Paprika (for color), Rice Starch, Spices, Garlic Chili Pepper Sauce (red chili, water, sugar, garlic, distilled vinegar, salt), Worcestershire Sauce (distilled white vinegar, molasses, water, sugar, onions, anchovies, salt, garlic, cloves, tamarind extract, natural flavorings, chili pepper extract), Pepper Sauce (distilled vinegar, red pepper, salt). **Contains Crab, Anchovy, Milk, Wheat.**

Cal: 300	**Total Fat: 22g**	**Sat Fat: 13g**	**Trans Fat: 0.5g**	**Chol: 100mg**
Sodium: 800mg	**Total Carb: 17g**	**Fiber: 1g**	**Sugars: 6g**	**Protein: 9g**

Nutritional information based on 1 cup (8oz) serving