Turkey Chili with Beans

Dairy Free, Gluten Free

Tomatoes (tomatoes, salt, citric acid), Turkey Thigh Meat, Onions, Small Red Beans, Green Peppers, Green Chilies (green chile peppers, water, salt, citric acid), Tomato Paste (tomatoes, naturally derived citric acid), Garlic, Spices, Chicken Fat, Paprika (for color), Sea Salt, Chili Powder (spices, sea salt, garlic powder), Pepper Sauce (distilled vinegar, red pepper, salt).

Cal: 200	**Cal from Fat: 22**	**Total Fat: 4g**	**Sat Fat: 1g**	**Chol: 70mg**
Sodium: 550mg	**Total Carb: 21g**	**Fiber: 6g**	**Sugars: 7g**	**Protein: 22g**

Nutritional information based on 1 cup (8oz) serving

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