White Chicken Chili with Cilantro

Gluten Free

Chicken (dark & light meat), Chicken Stock (water, chicken, onions, celery, carrots, sea salt, garlic, parsley, white pepper, thyme, bay leaves, marjoram), White Navy Beans, Onions, Sour Cream (cultured light cream, nonfat milk, enzymes), Celery, Green Peppers, Chicken Fat, Rice Flour, Sea Salt, Garlic, Spices, Garlic Chili Pepper Sauce (red chili, water, sugar, garlic, distilled vinegar, salt), Cilantro, Cocoa Powder.

Cal: 270	**Cal from Fat: 30**	**Total Fat: 13g**	**Sat Fat: 4.5g**	**Chol: 65mg**
Sodium: 640 mg	**Total Carb: 24g**	**Fiber: 8g**	**Sugars: 3g**	**Protein: 19g**

Nutritional information based on 1 cup (8oz) serving

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