White Bean & Escarole Soup

Vegan, Vegetarian, Dairy Free, Gluten Free

White Navy Beans, Vegetable Stock (water, onions, cabbage, celery, mushrooms, carrots, turnips, black peppercorns, mustard seed, dill weed, thyme, bay leaves, marjoram), Escarole, Fennel, Onions, Extra Virgin Olive Oil, Lemon Juice, Sea Salt, Basil, Water, Corn Starch, Garlic, Spices, Thyme.

Cal: 150	**Total Fat: 4g**	**Sat Fat: 0.5g**	**Trans Fat: 0g**	**Chol: 0mg**
Sodium: 730mg	**Total Carb: 33g**	**Fiber: 15g**	**Sugars: 3g**	**Protein: 10g**

Nutritional information based on 1 cup (8oz) serving

White Bean & Escarole Soup

Vegan, Vegetarian, Dairy Free, Gluten Free

White Navy Beans, Vegetable Stock (water, onions, cabbage, celery, mushrooms, carrots, turnips, black peppercorns, mustard seed, dill weed, thyme, bay leaves, marjoram), Escarole, Fennel, Onions, Extra Virgin Olive Oil, Lemon Juice, Sea Salt, Basil, Water, Corn Starch, Garlic, Spices, Thyme.

Cal: 150	**Total Fat: 4g**	**Sat Fat: 0.5g**	**Trans Fat: 0g**	**Chol: 0mg**
Sodium: 730mg	**Total Carb: 33g**	**Fiber: 15g**	**Sugars: 3g**	**Protein: 10g**

Nutritional information based on 1 cup (8oz) serving

White Bean & Escarole Soup

Vegan, Vegetarian, Dairy Free, Gluten Free

White Navy Beans, Vegetable Stock (water, onions, cabbage, celery, mushrooms, carrots, turnips, black peppercorns, mustard seed, dill weed, thyme, bay leaves, marjoram), Escarole, Fennel, Onions, Extra Virgin Olive Oil, Lemon Juice, Sea Salt, Basil, Water, Corn Starch, Garlic, Spices, Thyme.

Cal: 150	**Total Fat: 4g**	**Sat Fat: 0.5g**	**Trans Fat: 0g**	**Chol: 0mg**
Sodium: 730mg	**Total Carb: 33g**	**Fiber: 15g**	**Sugars: 3g**	**Protein: 10g**

Nutritional information based on 1 cup (8oz) serving

White Bean & Escarole Soup

Vegan, Vegetarian, Dairy Free, Gluten Free

White Navy Beans, Vegetable Stock (water, onions, cabbage, celery, mushrooms, carrots, turnips, black peppercorns, mustard seed, dill weed, thyme, bay leaves, marjoram), Escarole, Fennel, Onions, Extra Virgin Olive Oil, Lemon Juice, Sea Salt, Basil, Water, Corn Starch, Garlic, Spices, Thyme.

Cal: 150	**Total Fat: 4g**	**Sat Fat: 0.5g**	**Trans Fat: 0g**	**Chol: 0mg**
Sodium: 730mg	**Total Carb: 33g**	**Fiber: 15g**	**Sugars: 3g**	**Protein: 10g**

Nutritional information based on 1 cup (8oz) serving

White Bean & Escarole Soup

Vegan, Vegetarian, Dairy Free, Gluten Free

White Navy Beans, Vegetable Stock (water, onions, cabbage, celery, mushrooms, carrots, turnips, black peppercorns, mustard seed, dill weed, thyme, bay leaves, marjoram), Escarole, Fennel, Onions, Extra Virgin Olive Oil, Lemon Juice, Sea Salt, Basil, Water, Corn Starch, Garlic, Spices, Thyme.

Cal: 150	**Total Fat: 4g**	**Sat Fat: 0.5g**	**Trans Fat: 0g**	**Chol: 0mg**
Sodium: 730mg	**Total Carb: 33g**	**Fiber: 15g**	**Sugars: 3g**	**Protein: 10g**

Nutritional information based on 1 cup (8oz) serving

White Bean & Escarole Soup

Vegan, Vegetarian, Dairy Free, Gluten Free

White Navy Beans, Vegetable Stock (water, onions, cabbage, celery, mushrooms, carrots, turnips, black peppercorns, mustard seed, dill weed, thyme, bay leaves, marjoram), Escarole, Fennel, Onions, Extra Virgin Olive Oil, Lemon Juice, Sea Salt, Basil, Water, Corn Starch, Garlic, Spices, Thyme.

Cal: 150	**Total Fat: 4g**	**Sat Fat: 0.5g**	**Trans Fat: 0g**	**Chol: 0mg**
Sodium: 730mg	**Total Carb: 33g**	**Fiber: 15g**	**Sugars: 3g**	**Protein: 10g**

Nutritional information based on 1 cup (8oz) serving

White Bean & Escarole Soup

Vegan, Vegetarian, Dairy Free, Gluten Free

White Navy Beans, Vegetable Stock (water, onions, cabbage, celery, mushrooms, carrots, turnips, black peppercorns, mustard seed, dill weed, thyme, bay leaves, marjoram), Escarole, Fennel, Onions, Extra Virgin Olive Oil, Lemon Juice, Sea Salt, Basil, Water, Corn Starch, Garlic, Spices, Thyme.

Cal: 150	**Total Fat: 4g**	**Sat Fat: 0.5g**	**Trans Fat: 0g**	**Chol: 0mg**
Sodium: 730mg	**Total Carb: 33g**	**Fiber: 15g**	**Sugars: 3g**	**Protein: 10g**

Nutritional information based on 1 cup (8oz) serving

White Bean & Escarole Soup

Vegan, Vegetarian, Dairy Free, Gluten Free

White Navy Beans, Vegetable Stock (water, onions, cabbage, celery, mushrooms, carrots, turnips, black peppercorns, mustard seed, dill weed, thyme, bay leaves, marjoram), Escarole, Fennel, Onions, Extra Virgin Olive Oil, Lemon Juice, Sea Salt, Basil, Water, Corn Starch, Garlic, Spices, Thyme.

Cal: 150	**Total Fat: 4g**	**Sat Fat: 0.5g**	**Trans Fat: 0g**	**Chol: 0mg**
Sodium: 730mg	**Total Carb: 33g**	**Fiber: 15g**	**Sugars: 3g**	**Protein: 10g**

Nutritional information based on 1 cup (8oz) serving

White Bean & Escarole Soup

Vegan, Vegetarian, Dairy Free, Gluten Free

White Navy Beans, Vegetable Stock (water, onions, cabbage, celery, mushrooms, carrots, turnips, black peppercorns, mustard seed, dill weed, thyme, bay leaves, marjoram), Escarole, Fennel, Onions, Extra Virgin Olive Oil, Lemon Juice, Sea Salt, Basil, Water, Corn Starch, Garlic, Spices, Thyme.

Cal: 150	**Total Fat: 4g**	**Sat Fat: 0.5g**	**Trans Fat: 0g**	**Chol: 0mg**
Sodium: 730mg	**Total Carb: 33g**	**Fiber: 15g**	**Sugars: 3g**	**Protein: 10g**

Nutritional information based on 1 cup (8oz) serving

White Bean & Escarole Soup

Vegan, Vegetarian, Dairy Free, Gluten Free

White Navy Beans, Vegetable Stock (water, onions, cabbage, celery, mushrooms, carrots, turnips, black peppercorns, mustard seed, dill weed, thyme, bay leaves, marjoram), Escarole, Fennel, Onions, Extra Virgin Olive Oil, Lemon Juice, Sea Salt, Basil, Water, Corn Starch, Garlic, Spices, Thyme.

Cal: 150	**Total Fat: 4g**	**Sat Fat: 0.5g**	**Trans Fat: 0g**	**Chol: 0mg**
Sodium: 730mg	**Total Carb: 33g**	**Fiber: 15g**	**Sugars: 3g**	**Protein: 10g**

Nutritional information based on 1 cup (8oz) serving