Three Bean Chili

Vegan, Vegetarian, Dairy Free, Gluten Free

Tomatoes (tomatoes, salt, citric acid), Onions, Small Red Beans, Black Beans, Pinto Beans, Water, Corn, Green Peppers, Chili Peppers, Red Peppers, Yellow Peppers, Garlic, Spices, Cilantro, Corn Oil, Paprika (for color), Sea Salt, Chili Powder (spices, sea salt, garlic powder), Pepper Sauce (distilled vinegar, red pepper, salt).

Cal: 140	**Cal from Fat: 15**	**Total Fat: 2.5g**	**Sat Fat: 0g**	**Chol: 0mg**
Sodium: 500mg	**Total Carb: 27g**	**Fiber: 8g**	**Sugars: 7g**	**Protein: 7g**

Nutritional information based on 1 cup (8oz) serving

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