# Split Pea Soup with Ham

Dairy Free, Gluten Free

Peas, Onions, Chicken Stock (water, chicken, onions, celery, carrots, sea salt, garlic, parsley, white pepper, thyme, bay leaves, marjoram), Water, Uncured Ham* (pork, water, vinegar, brown sugar, salt, celery powder, natural flavorings, lactic acid starter culture) *no added nitrite or nitrate except for that naturally occurring in celery powder, Carrots, Celery, Pork Fat, Sea Salt, Garlic, Rice Starch, Salt Pork (pork, sea salt), Spices.

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| **Cal: 150** | **Total Fat: 5g** | **Sat Fat: 1.5g** | **Trans Fat: 0g** | **Chol: 20mg** |
| **Sodium: 690mg** | **Total Carb: 17g** | **Fiber: 5g** | **Sugars: 4g** | **Protein: 10g** |

Nutritional information based on 1 cup (8oz) serving


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