Roasted Vegetable Soup

Vegan, Vegetarian, Dairy Free, Gluten Free

Vegetable Stock (water, onions, cabbage, celery, mushrooms, carrots, turnips, black peppercorns, mustard seed, dill weed, thyme, bay leaves, marjoram), Sweet Potatoes, Onion, Water, Potatoes, Zucchini, Savoy Cabbage, Celery, Carrots, Extra Virgin Olive Oil, Olive Oil, Parsley, Sea Salt, Garlic, Lemon Juice, Spices, Thyme.

Cal: 180	**Total Fat: 11g**	**Sat Fat: 1.5g**	**Trans Fat: 0g**	**Chol: 0mg**
Sodium: 750mg	**Total Carb: 19g**	**Fiber: 3g**	**Sugars: 6g**	**Protein: 2g**

Nutritional information based on 1 cup (8oz) serving

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