Manhattan Clam Chowder

Dairy Free, Low Fat, Gluten Free

Diced Tomatoes (tomatoes, tomato juice, salt, naturally derived citric acid), Fish Stock (water, cod, haddock, onions, celery, black pepper, thyme, mustard seed, bay leaves), Clam Meat, Potatoes, Water, Tomato Paste (tomatoes, naturally derived citric acid), Onions, Celery, Scallions, Olive Oil, Clam Broth (dehydrated clam broth, maltodextrin), Garlic, Parsley, Sea Salt, Spices, Pepper Sauce (distilled vinegar, red pepper, salt). **Contains Clam, Cod and/or Haddock.**

Cal: 120	**Total Fat: 3g**	**Sat Fat: 0g**	**Trans Fat: 0g**	**Chol: 15mg**
Sodium: 650mg	**Total Carb: 16g**	**Fiber: 1g**	**Sugars: 3g**	**Protein: 8g**

Nutritional information based on 1 cup (8oz) serving

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