Corn Chowder

Vegetarian, Gluten Free

Corn (corn, water, salt), Vegetable Stock (water, onions, cabbage, celery, mushrooms, carrots, turnips, black peppercorns, mustard seed, dill weed, thyme, bay leaves, marjoram), Potatoes, Light Cream (milk, cream), Onions, Butter (cream, salt), Water, Rice Flour, Celery, Corn Starch, Sea Salt, Sugar, Spices. **Contains Milk.**

Cal: 230	**Total Fat: 11g**	**Sat Fat: 7g**	**Trans Fat: 0g**	**Chol: 35mg**
Sodium: 640mg	**Total Carb: 30g**	**Fiber: 1g**	**Sugars: 6g**	**Protein: 3g**

Nutritional information based on 1 cup (8oz) serving

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