# Butternut Squash & Apple Soup

Gluten Free

Butternut Squash, Chicken Stock (water, chicken, onions, celery, carrots, sea salt, garlic, parsley, white pepper, thyme, bay leaves, marjoram), Light Cream (milk, cream), Apples, Onions, Butter (cream, salt), Honey, Amontillado Sherry (grape wine [amontillado medium], alcohol), Sea Salt, Chicken Fat, Spices.

| | | | | |
|---|---|---|---|---|
| **Cal: 180** | **Cal from Fat: 20** | **Total Fat: 10g** | **Sat Fat: 6g** | **Chol: 30mg** |
| **Sodium: 440mg** | **Total Carb: 21g** | **Fiber: 4g** | **Sugars: 10g** | **Protein: 3g** |

Nutritional information based on 1 cup (8oz) serving


# Butternut Squash & Apple Soup

Gluten Free

Butternut Squash, Chicken Stock (water, chicken, onions, celery, carrots, sea salt, garlic, parsley, white pepper, thyme, bay leaves, marjoram), Light Cream (milk, cream), Apples, Onions, Butter (cream, salt), Honey, Amontillado Sherry (grape wine [amontillado medium], alcohol), Sea Salt, Chicken Fat, Spices.

| | | | | |
|---|---|---|---|---|
| **Cal: 180** | **Cal from Fat: 20** | **Total Fat: 10g** | **Sat Fat: 6g** | **Chol: 30mg** |
| **Sodium: 440mg** | **Total Carb: 21g** | **Fiber: 4g** | **Sugars: 10g** | **Protein: 3g** |

Nutritional information based on 1 cup (8oz) serving

# Butternut Squash & Apple Soup

Gluten Free

Butternut Squash, Chicken Stock (water, chicken, onions, celery, carrots, sea salt, garlic, parsley, white pepper, thyme, bay leaves, marjoram), Light Cream (milk, cream), Apples, Onions, Butter (cream, salt), Honey, Amontillado Sherry (grape wine [amontillado medium], alcohol), Sea Salt, Chicken Fat, Spices.

| | | | | |
|---|---|---|---|---|
| **Cal: 180** | **Cal from Fat: 20** | **Total Fat: 10g** | **Sat Fat: 6g** | **Chol: 30mg** |
| **Sodium: 440mg** | **Total Carb: 21g** | **Fiber: 4g** | **Sugars: 10g** | **Protein: 3g** |

Nutritional information based on 1 cup (8oz) serving

# Butternut Squash & Apple Soup

Gluten Free

Butternut Squash, Chicken Stock (water, chicken, onions, celery, carrots, sea salt, garlic, parsley, white pepper, thyme, bay leaves, marjoram), Light Cream (milk, cream), Apples, Onions, Butter (cream, salt), Honey, Amontillado Sherry (grape wine [amontillado medium], alcohol), Sea Salt, Chicken Fat, Spices.

| | | | | |
|---|---|---|---|---|
| **Cal: 180** | **Cal from Fat: 20** | **Total Fat: 10g** | **Sat Fat: 6g** | **Chol: 30mg** |
| **Sodium: 440mg** | **Total Carb: 21g** | **Fiber: 4g** | **Sugars: 10g** | **Protein: 3g** |

Nutritional information based on 1 cup (8oz) serving

# Butternut Squash & Apple Soup

Gluten Free

Butternut Squash, Chicken Stock (water, chicken, onions, celery, carrots, sea salt, garlic, parsley, white pepper, thyme, bay leaves, marjoram), Light Cream (milk, cream), Apples, Onions, Butter (cream, salt), Honey, Amontillado Sherry (grape wine [amontillado medium], alcohol), Sea Salt, Chicken Fat, Spices.

| | | | | | |
|---|---|---|---|---|---|
| **Cal: 180** | **Cal from Fat: 20** | **Total Fat: 10g** | **Sat Fat: 6g** | **Chol: 30mg** | **C** |
| **Sodium: 440mg** | **Total Carb: 21g** | **Fiber: 4g** | **Sugars: 10g** | **Protein: 3g** | **S** |

Nutritional information based on 1 cup (8oz) serving

# Butternut Squash & Apple Soup

Gluten Free

Butternut Squash, Chicken Stock (water, chicken, onions, celery, carrots, sea salt, garlic, parsley, white pepper, thyme, bay leaves, marjoram), Light Cream (milk, cream), Apples, Onions, Butter (cream, salt), Honey, Amontillado Sherry (grape wine [amontillado medium], alcohol), Sea Salt, Chicken Fat, Spices.

| | | | | | |
|---|---|---|---|---|---|
| **Cal: 180** | **Cal from Fat: 20** | **Total Fat: 10g** | **Sat Fat: 6g** | **Chol: 30mg** | **C** |
| **Sodium: 440mg** | **Total Carb: 21g** | **Fiber: 4g** | **Sugars: 10g** | **Protein: 3g** | **S** |

Nutritional information based on 1 cup (8oz) serving

# Butternut Squash & Apple Soup

Gluten Free

Butternut Squash, Chicken Stock (water, chicken, onions, celery, carrots, sea salt, garlic, parsley, white pepper, thyme, bay leaves, marjoram), Light Cream (milk, cream), Apples, Onions, Butter (cream, salt), Honey, Amontillado Sherry (grape wine [amontillado medium], alcohol), Sea Salt, Chicken Fat, Spices.

| | | | | | |
|---|---|---|---|---|---|
| **Cal: 180** | **Cal from Fat: 20** | **Total Fat: 10g** | **Sat Fat: 6g** | **Chol: 30mg** | **C** |
| **Sodium: 440mg** | **Total Carb: 21g** | **Fiber: 4g** | **Sugars: 10g** | **Protein: 3g** | **S** |

Nutritional information based on 1 cup (8oz) serving

# Butternut Squash & Apple Soup

Gluten Free

Butternut Squash, Chicken Stock (water, chicken, onions, celery, carrots, sea salt, garlic, parsley, white pepper, thyme, bay leaves, marjoram), Light Cream (milk, cream), Apples, Onions, Butter (cream, salt), Honey, Amontillado Sherry (grape wine [amontillado medium], alcohol), Sea Salt, Chicken Fat, Spices.

| | | | | |
|---|---|---|---|---|
| **Cal: 180** | **Cal from Fat: 20** | **Total Fat: 10g** | **Sat Fat: 6g** | **Chol: 30mg** |
| **Sodium: 440mg** | **Total Carb: 21g** | **Fiber: 4g** | **Sugars: 10g** | **Protein: 3g** |

Nutritional information based on 1 cup (8oz) serving

# Butternut Squash & Apple Soup

Gluten Free

Butternut Squash, Chicken Stock (water, chicken, onions, celery, carrots, sea salt, garlic, parsley, white pepper, thyme, bay leaves, marjoram), Light Cream (milk, cream), Apples, Onions, Butter (cream, salt), Honey, Amontillado Sherry (grape wine [amontillado medium], alcohol), Sea Salt, Chicken Fat, Spices.

| | | | | |
|---|---|---|---|---|
| **Cal: 180** | **Cal from Fat: 20** | **Total Fat: 10g** | **Sat Fat: 6g** | **Chol: 30mg** |
| **Sodium: 440mg** | **Total Carb: 21g** | **Fiber: 4g** | **Sugars: 10g** | **Protein: 3g** |

Nutritional information based on 1 cup (8oz) serving